




Drop-In



OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	1
Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)				3:30 How U Doin' 4:00 Journal Group 5:00 Snacks/Social 5:30 Karaoke/Open Mic	1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Escursion Lamb's Farm - Libertyville (See Announcements) Please Call Drop-In for Reservations
2	3	4	5	6	7	8
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Music Therapy w/ Camille 12:00 Snacks/Social 1:00 Games	3:30 How U Doin' 4:00 Men's and Women's Groups 5:00 Snacks/Social 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 Snacks/Social Celebrate September Birthdays 1:00 Guest Choice	3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks/Social 6:30 Depart Drop-In for Big Band Night (See Announcements) Please Call Drop-In for Reservations	1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Excurion Fall Didley - Belvidere (See Announcements) Please Call Drop-In for Reservations
9	10	11	12	13	14	15
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex 12:00 Snacks/Social 1:00 Games	3:30 How U Doin' 4:00 Men's and Women's Groups 5:00 Snacks/Social 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 Movie at Elk Grove Classic Cinemas, Return by 4:00	3:30 How U Doin'? 4:00 Journal Group 6:00 Snacks/Social 6:30 Recovery Circle	1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Excursion Special Drop-In Hours 9AM - 3PM Lincoln Park Zoo Fall Fest - Chicago (See Announcements) Please Call Drop-In for Reservations
16	17	18	19	20	21	22
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex 12:00 Snacks/Social 1:00 Games	3:30 How U Doin'? 4:00 Men's and Women's Groups 5:00 Snacks/Social 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 Snacks/Social 1:00 Guest Choice	3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks/Social 5:30 Comedy Hour	1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Excursion Bowling at Beverly Lanes - Arlington Heights (See Announcements) Please Call Drop-In for Reservations
23/30	24/31-Halloween	25	26	27	28	29
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex (Special Snacks for Halloween-Oct. 31) 1:00 Games	3:30 How U Doin' 4:00 Men's and Women's Groups 5:00 Snacks/Social 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 Snacks/Social 1:00 Guest Choice	Special Hours 2-7PM Thursday Excursion A Calming Walk in the Forest Preserve - Allison Woods - Northbrook (See Announcements) Please Call Drop-In for Reservations	1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Friends and Family Day Bring Friends & Family Spooktacular Halloween Costume Party Food, Games, Contests, and Raffles (See Announcements) Please Call Drop-In for Reservations

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend.*