

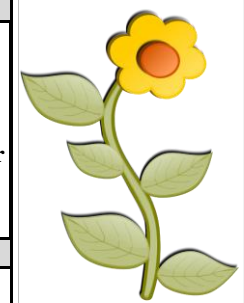


OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 How u Doin'? 10:30 Music Therapy w/ Jenny 12:00 Snacks/Social 1:00 Guest Choice	2 3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	3 11:00 Work Why Not? (Vocations for Recovery) 12:00 Prep and Lunch/ Monthly Birthday Celebratations 1:00 Guest Choice	4 3:30 How U Doin'? 4:00 Karaoke 5:00 Snacks Social 6:30 Depart for Big Band (Return by 8:30)	5 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	6 Saturday Excursion Mt. Prospect Plaza - Mount Prospect (See Announcements) Please Call Drop-In for Reservations
7 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	8 10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex 12:00 Snacks/Social 1:00 Guest Choice	9 3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	10 11:00 Work Why Not? (Vocations for Recovery) 12:00 Movie at Elk Grove Classic Cinemas. Return by 4:00	11 3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks Social 6:00 Recovery Circle	12 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	13 Saturday Excursion Lambs Farm Potting Party - Libertyville (See Announcements) Please Call Drop-In for Reservations
14 - Mother's Day	15 10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex 12:00 Snacks/Social 1:00 Guest Choice	16 3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	17 11:00 Work Why Not? (Vocations for Recovery) 12:00 Prep and Lunch 1:00 Guest Choice	18 3:30 How U Doin'? 4:00 Karaoke 5:00 Snacks/Social 6:00 Journal Group	19 1:00 Recovery Connection 2:00 Music Therapy 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	20 Saturday Excursion Congor River Miniature Golf - Hoffman Estates (See Announcements) Please Call Drop-In for Reservations
21 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	22 10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex 12:00 Snacks/Social 1:00 Guest Choice	23 3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	24 11:00 Work Why Not? (Vocations for Recovery) 12:00 Prep and Lunch 1:00 Cooking Lesson w/ Chef Sarah	25 3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks Social 6:00 Comedy Hour	26 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	27 Family and Friends Day - Hope has a Home Party Pizza & Salad Served Indoor & Outdoor Games Raffle (See Announcements) Please Call Drop-In for Reservations
28 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	29 - Memorial Day Memorial Day BBQ Serving Hamburgers, Hot Dogs, Potato Salad and Dessert Enjoy Music, Games, and Raffles (See Announcements) Please Call Drop-In for Reservations	30 3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	31 11:00 Work Why Not? (Vocations for Recovery) 12:00 Prep and Lunch 1:00 Guest Choice		Visit the kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)	

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend.*