




Drop-In



OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For question or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)			11:00 How you Doin? 12:00 Lunch 1:30 WRAP (See Flyers) <u>Please Call for Details and to RSVP</u> 3:00 Guest Choice	3:30 How U Doin' 4:00 Current Events 5:00 Guest's Cook 6:30 Excursion - Big Band Night (See Flyers) <u>Please Call for Details and to RSVP</u>	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Annual Art Show in Wilder Park (Elmhurst) (See Flyers) <u>Please CALL for Details & to RSVP</u>
5	6	7	8	9	10	11
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection 	10:00 Get Fit Club - Off Site - <u>Please CALL for Details. We will return by Noon for:</u> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle 	11:00 How you Doin? 12:00 Lunch 1:30 WRAP (See Flyers) <u>Please Call for Details and to RSVP</u> 3:00 Guest Choice	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Lamb's Farm Potting Party (See Flyers) <u>Please Call for Details & to RSVP</u>
12	13	14	15	16	17	18
Ray Franzen Bird Sanctuary (See Flyers) <u>Please Call for Details & to RSVP</u> <i>Mother's Day</i>	10:00 Get Fit Club - Off Site - <u>Please CALL for Details. We will return by Noon for:</u> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin? 12:00 Lunch 1:30 WRAP (See Flyers) <u>Please Call for Details and to RSVP</u> 3:00 Guest Choice	3:30 How U Doin' 4:30 Current Events 5:30 Guest's Cook 6:30 Guest Choice 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Civil War Days - Naperville (See Flyers) <u>Please CALL for Details & to RSVP</u>
19	20	21	22	23	24	25
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club - Off Site - <u>Please CALL for Details. We will return by Noon for:</u> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle <i>RECOVERY</i>	Excursion Classic Cinemas-Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Friends and Family Drop-In Center Breakfast and Bowling (See Flyers) <u>Please CALL for Details & to RSVP</u>
26	27	28	29	30	31	
Sunday Excursions Gurnee Mills Mall and Cracker Barrel (See Flyers) <u>Please Call for Details & to RSVP</u>	Memorial Day BBQ At the Drop-In Center 10AM - 3PM (See Flyers) <u>Please CALL for Details and to RSVP</u> 	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin? 12:00 Lunch 1:30 WRAP (See Flyers) <u>Please Call for Details and to RSVP</u> 3:00 Guest Choice	3:30 How U Doin' 4:30 Current Events 5:30 Guest's Cook 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*