



Drop-In



Kenneth Young Drop In Center
 (720 Droplin)
 Recovery Drop-In Center
 FEIN: 237181444

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the kennthyoung.org website to see Drop-In Center activities, details, and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext 4 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)					1	2
					1:15 Recovery Connection 2:00 Creative Arts 4:00 Multimedia 1:00-3:00 Work on Interpersonal Issues w/ Tom	Saturday Excursion Lincoln Park Zoo-Chicago (See Announcements) Please Call Drop-In for Reservations
3	4	5	6	7	8	9
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin' 10:30 Bingo w/ prizes 11:30 Snacks/Social 1:00 Guest Choice 2:00 Book Club	3:30 How U Doin' 4:00 Self-Reflection Group 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	11:00 How you doin' 11:15 Work, Why Not? 12:00 Prep and Lunch/May Birthdays 1:00 Guest Choice	3:30 How U Doin'? 4:00 Karaoke/Open Mic/Dance Party 5:30 Snacks/Social 6:00 Poetry Club	1:15 Recovery Connection 2:00 Art Therapy w/Faye 3:30 Potluck 4:00 Multimedia 1:00-3:00 Work on Interpersonal Issues	Saturday Excursion WhirlyBall - Vernon Hills (See Announcements) Please Call Drop-In for Reservations
10	11	12	13	14	15	16
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 Gratitude Group	10:00 How u Doin' 10:30 Excursion - Mt. Prospect Plaza - Walmart and many other Stores 1:00 Guest Choice 2:00 Meaning and Purpose	3:30 How U Doin' 4:00 Self-Reflection Group 5:00 Prep and Dinner 7:00 Music Therapy	11:00 How you doin' 11:30 Prep and Lunch 1:00 CRSS Competency Training or Quieter Guest Choice	Special Hours 2pm-7pm 2:15 Spring Hike w/Mary Anne 5:15 Snack/Social 6:00 Leadership and Empowerment	1:15 Recovery Connection 2:00 Creative Arts 4:00 Multimedia 1:00-3:00 Work on Interpersonal Issues w/ Tom	Saturday Excursion Long Grove Chocolate Fest - Long Grove (See Announcements) Please Call Drop-In for Reservations
17	18	19	20	21	22	23
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin' 10:30 Bingo w/ prizes 11:30 Snacks/Social 1:00 Guest Choice 2:00 Book Club	3:30 How U Doin' 4:00 Self-Reflection Group 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	11:00 How U Doin' Call for Excursion Info-Excursion - Movie at Elk Grove Cinemas 3:30 Guest Choice Please Call Drop-In for Reservations	3:30 How U Doin'? 4:00 Karaoke/Open Mic/Dance Party 5:30 Snacks/Social 6:00 Poetry Club	1:15 Recovery Connection 2:00 Creative Arts 4:00 Multimedia 1:00-3:00 Work on Interpersonal Issues w/ Tom	Saturday Excursion Hope Has a Home Party + Family and Friends Day - Mount Prospect (See Announcements) Please Call Drop-In for Reservations
24	25	26	27	28	29	30
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 Gratitude Group	10:00 How u Doin' 10:30 Memorial Day Barbecue	3:30 How U Doin' 4:00 Self-Reflection Group 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	11:15 Work, Why Not 12:00 Prep and Lunch 1:00 Drum Circle 2:00 Guest Choice	3:30 How U Doin' 4:00 Leadership and Empowerment 5:15 Snack/Social 6:00 Poetry Club	1:15 Recovery Connection 2:00 Creative Arts 4:00 Multimedia 1:00-3:00 Work on Interpersonal Issues w/ Tom	Special Hours 8:30am-1:30pm 2026 Hustle for Health - Elk Grove Village (See Announcements) Please Call Drop-In for Reservations

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



**This is a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to*