

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the <a href="http://Kennethyoung.org">Kennethyoung.org</a> website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at <b>847-621-2040 ext. 117</b> or just "drop-in" @ <b>1585 W. Dempster St. Mt. Prospect, IL 60056</b> (located next to Culver's)					1 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	2 Saturday Excursions <b>Congo River Mini Golf - Hoffman Estates</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
3 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 <b>NAMI Connection</b>	4 10:00 Get Fit Club- <b>OFF SITE</b> -Please <u>CALL for Details</u> <b>We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	5 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	6 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	7 3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice	8 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	9 <b>***8am to 1pm***</b> Saturday Excursions <b>KYC Hustle For Health Walk - Busse Woods</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
10 10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	11 10:00 Get Fit Club- <b>OFF SITE</b> -Please <u>CALL for Details</u> <b>We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	12 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	13 Excursion <b>Classic Cinemas-Elk Grove</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>	14 3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 5:30 Movie & Popcorn Night	15 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	16 Saturday Excursions <b>Elgin Rib Fest - Elgin</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
17 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 <b>NAMI Connection</b>	18 10:00 Get Fit Club- <b>OFF SITE</b> -Please <u>CALL for Details</u> <b>We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	19 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	20 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	21 3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice	22 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	23 Saturday Excursions <b>Thrown Elements Pottery - Arlington Heights</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
24 10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	25 10:00 Get Fit Club- <b>OFF SITE</b> -Please <u>CALL for Details</u> <b>We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	26 <b>***7am to 6pm***</b> Excursion - <b>CRSS Competency Training</b> - Chicago - Please CALL for Details or RSVP by June 14th	27 <b>***10:30 to 3:30***</b> 10:30am - 3:30pm Excursion - <b>Schaumburg Boomers Baseball</b> - Schaumburg Please CALL for Details & to RSVP	28 3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 5:30 Movie & Popcorn Night	29 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	30 <b>Friends and Family Day Movie "The Devil and Daniel Johnston"</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>



All On-Site  
Kenneth Young  
Drop-In Center  
activities are  
**FREE** to  
registered guests

*\*This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. \*must be 18 and over to attend*