






Drop-In

December

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)			11:00 Work Why Not? (Vocations for Recovery) 12:00 How U Doin? 12:30 Snacks Social - December Birthdays Celebrated 1:00 Guest Choice	3:30 How U Doin'? 4:00 Journal Group 5:00 Snacks/Social 5:30 Karaoke/Open Microphone 6:30 Depart for Big Band Night @ 6:30	1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Excursions Nothbrook Court Mall - Northbrook (See Announcements) Please call Drop-In for Reservations
5	6	7	8	9	10	11
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Games w/ Prizes 11:30 Snacks/Social 12:30 Mental Health Topics w/ Larry	3:30 How U Doin' 4:00 Improving Your Mental Health 5:00 Snacks/Social 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 How U Doin? 12:30 Snacks Social 1:00 Guest Choice	3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks/Social 6:00 Recovery Circle	1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Excursions (Special Hours 5-10) The Nutcracker Ballet - Schaumburg (See Announcements) Please call Drop-In for Reservations
12	13	14	15	16	17	18
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Games w/ Prizes 11:30 Snacks/Social 12:30 Mental Health Topics w/ Larry	3:30 How U Doin' 4:00 Improving Your Mental Health 5:00 Snacks/Social 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 Movie at Classic Cinemas in Elk Grove Village. Return by 4:00 PM	3:30 How U Doin'? 4:00 Journal Group 5:00 Snacks/Social 6:00 Recovery Circle	1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Holiday Party Bean Bag Game, Mad Libs, Raffles Holiday Music and Movies (See Announcements) Please call Drop-In for Reservations
19	20	21	22	23	24	25
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Games w/ Prizes 11:30 Snacks/Social 12:30 Mental Health Topics w/ Larry	3:30 How U Doin'? 4:00 Improving Your Mental Health 5:00 Snacks/Social 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 How U Doin? 12:30 Snacks Social 1:00 Guest Choice	3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks/Social 6:00 Recovery Circle	Christmas Eve Holiday Snacks and Movies Small Holiday Gifts (See Announcements) Please Call Drop-In for Reservations	Christmas Day Drop-In Closed 
26	27	28	29	30	31	
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Games w/ Prizes 11:30 Snacks/Social 12:30 Mental Health Topics w/ Larry	3:30 How U Doin'? 4:00 Improving Your Mental Health 5:00 Snacks/Social 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 How U Doin? 12:30 Snacks Social 1:00 Guest Choice	3:30 How U Doin'? 4:00 Journal Group 5:00 Snacks/Social 6:00 Comedy Hour	New Year's Eve Party (Absolutely No Alcohol!!!) Special Hours 7P-12P No Pickups or Dropoffs Food, Fun, Games (See Announcements) Please call Drop-In for Reservations	 KWANZAA

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*

