









# CAREGIVER SUPPORT GROUPS





**Meet other caregivers, receive support, support others, and feel rejuvenated and empowered in your caregiving role!**

Choose the session that works best for you.  
Please call **847-524-8800 ext. 124** to learn more.

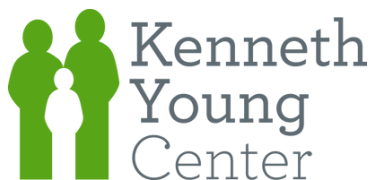


-  **3rd Wednesday of the Month**
-  Arlington Heights Senior Center
-  6:00PM - 7:30PM
-  In-Person or Virtual

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-  **3rd Thursday of the Month**
  -  Kenneth Young Center
  -  6:00PM - 7:30PM
  -  In-Person

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-  **4th Wednesday of the Month**
  -  Palatine Township Senior Center
  -  11:00AM - 12:30PM
  -  In-Person

Kenneth Young Center does not discriminate in admission to programs or activities of employment in compliance with appropriate State and Federal statutes. If you feel you have been discriminated against, call the Illinois Department on Aging at 800-252-8966, (voice and TDD) or AgeOptions at 800-699-9043. Funds (in whole/part) for this program are provided through an award/contract from AgeOptions, the Area Agency on Aging of suburban Cook County, under Title III of the Older Americans Act as administered through the Illinois Department on Aging and Federal Administration on Aging.



Serving the 50+ community since 1973