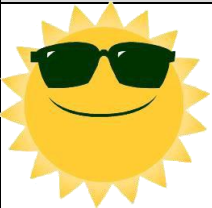


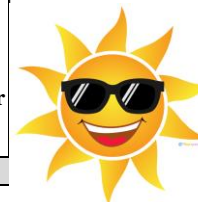


# Drop-In

Kenneth Young Drop In Center  
(720 DropIn)  
Recovery Drop-In Center  
FEIN: 237181444

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Visit the kennthyoung.org website to see Drop-In Center activities, details, and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's).</p>				1 3:30 How U Doin'? 4:00 Karaoke 5:00 Snacks/Social 6:00 Guest Choice	2 1:15 Recovery Connection 2:15 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	3 Saturday Excursion <b>Taste of Roselle - Roselle</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>
4	5	6	7	8	9	10
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Bingo 12:00 Snacks/Social 1:00 Yoga, Mindfulness and Meditation 2:00 Guest Choice	3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	11:15 Music Therapy 12:00 Prep and Lunch 1:00 CRSS Training Session 5 or Guest Choice	3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks/Social 6:00 Guest Choice	1:15 Recovery Connection 2:15 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Excursion <b>Lambs Farm Summertime Craft Show - Elgin</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>
11	12	13	14	15	16	17
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 Gratitude Group	10:00 How u Doin'? 10:30 Library Excursion/Lunch Out 1:00 Yoga, Mindfulness and Meditation 2:00 Guest Choice	3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 Movie at Elk Grove Cinemas Return by 4PM Please Call Drop-In for Reservations	3:30 How U Doin'? 4:00 Karaoke 5:00 Snacks/Social 6:00 Journal Group	1:15 Recovery Connection 2:15 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Excursion <b>Sparrows Nest, Salvation Army &amp; St Vincent DePul Thrift Stores</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>
18	19	20	21	22	23	24
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Bingo 12:00 Snacks/Social 1:00 Yoga, Mindfulness and Meditation 2:00 Guest Choice	3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	11:00 How u Doin'? 11:30 Prep and Lunch 1:00 CRSS Training Session 6 or Guest Choice	3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks/Social 6:00 Guest Choice	1:15 Recovery Connection 2:15 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Saturday Excursion <b>Kline Creek Farm - West Chicago</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>
25	26	27	28	29	30	31
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 Gratitude Group	10:00 How u Doin'? 10:30 Library Excursion/Lunch Out 1:00 Yoga, Mindfulness and Meditation 2:00 Guest Choice	3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 11:30 Prep and Lunch 1:00 Guest Choice	3:30 How U Doin'? 4:00 Comedy Hour 5:00 Snacks/Social 6:00 Guest Choice	1:15 Recovery Connection 2:00 Art Therapy wth Faye Selkin 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Family and Friends Day - BLTs served at noon <b>Movie: Titanic</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



*\*This is a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. \*must be 18 and over to attend.*