



DROP-IN

September 2021

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are FREE to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Suicide Prevention Month!

Guest Speaker on Tuesday September 14th at 4:00PM

N.A.M.I. Connection: Each Sunday of the Month from 1:00PM – 2:30PM. (Will not meet Sunday, July 4.)

Leadership and Empowerment: Meets on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM**

Work Why Not? - Weekly job group over Zoom with Kenneth Young Centers Elk Grove employment team. **Begins Wednesday September 15th from 11:00AM-12:00PM**

Recovery Connection: Mental Health recovery focused class. Meets Fridays at 1:00PM beginning September 17th

Vocations for Recovery: (Job Club) Friday September 3rd and 10th from 1:00PM – 2:00PM

Monthly Birthday Celebrations: Meets at **12:00PM** on the 1st Wednesday of this month. Celebrate your birthday with Drop-In. Enjoy cake, cards and fun as we celebrate all guests' birthdays from the current month.

Comedy Hour: Meets the last Thursday of each month from **6:00PM – 7:00PM** - Watch standup comedians on screen and bring your own jokes in to share.

Karaoke/Open Mic Night: Meets the first Thursday of each month from **6:00PM – 7:00PM** – Play your instruments, sing a song or sing with others, tell jokes and entertain in front of the other guests.

Sunday Meditation: Meets each Sunday from **11:00AM – 11:40AM** – Practice guided, visualized, mindfulness and other meditations.

Mental Health Topics with Larry: Drop-In staff Larry will do a group series with topics related to mental health every **Monday at 12:30 PM**.

Special Events & Excursions

Saturday, September 4 – September Fest – Schaumburg

- 101 Schaumburg ct
- Carnival rides, games and Taste of Schaumburg
- Free to those who attend Drop-in (save \$8.00 per person)
- Ride Tickets are \$1.25 each or 18 for \$20
- Lunch will be on your own
- We will leave Drop-in by 10:15AM and return by 3:00PM
- Van seating is limited to 6 guests (about 7.9 miles from Drop-In)

Monday, September 6 – Labor Day Barbecue – Mount Prospect

- 1585 W Dempster
- Celebrate Labor Day with Drop-In
- Hamburgers, Hot Dogs
- Raffles and games
- Free to those who attend Drop-In
- Please RSVP to Drop-In in advance
- **Limited to 12 guests**

Wednesday, September 8 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- **Free** to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 6 guests (about 3 miles from Drop-In)
- Return to Drop-In by 4pm

Saturday, September 11 – Congo River Miniature Golf – Hoffman Estates

- 1325 Barrington Rd
- 18 hole mini golf course with waterfalls and interesting obstacles
- **Free** to those who attend Drop-In (Save \$10.50 per person)
- Van seating is limited to 6 guests (about 11.4 miles from Drop-In)
- RSVP required, please RSVP to Drop-In in advance

Saturday, September 18 – Bowling – Elk Grove Village

- 53 South Arlington Heights Rd
- Bowling, Arcade and Pool
- Meeting at Subway at 11:00AM for Lunch before we bowl
- **Bowling alley summer hours: now open at 12:00PM**
- We will leave Drop-in by 10:30AM and return by 3:00PM
- **Free** to those who attend Drop-in (save \$5.00 per person)
- Van seating is limited to 6 guests (about 2.7 miles from Drop-In)
- Please RSVP to Drop-In in advance

Saturday, September 25 – Family and Friends Day – Mount Prospect

- 1585 W Dempster St
- **Movie: Molly**
- Drop in between 10:00AM and 3:00PM
- Portillos will be served
- You are strongly encouraged to bring friends and family members.
- Please RSVP to Drop-In in advance