



DROP-IN

October 2022

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

October 2nd through 8th is Mental Illness awareness week

October 10th is World Mental Health Day

N.A.M.I. Connection: Each Sunday of the Month from 1:00PM – 2:30PM.

Move Your Body at the RecPlex: 10:30AM-12PM Meet us at Drop-In or at the RecPlex. Please register in person or call Drop-In. Registration is required.

Leadership and Empowerment: Meets on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM**

Work Why Not? - Weekly job group will learn job skills that will be useful even if you are not looking for a job. **Meets Wednesdays from 11:00AM-12:00PM**

Recovery Connection: Mental Health recovery focused class. **Meets Fridays at 1:00PM**

Monthly Birthday Celebrations: Meets at **12:00PM** on the 1st Wednesday of the month. Celebrate your birthday with Drop-In. Enjoy cake, cards and fun as we celebrate all birthdays from the current month.

Comedy Hour: Meets the last Thursday of each month from **6:00PM – 7:00PM** - Watch standup comedians on screen and bring your own jokes in to share. Raffle tickets given for telling a joke to win a \$10 gift card. **(This month, Comedy Hour will meet on Thursday, October 20.)**

Karaoke/Open Mic Night: Meets the first Thursday of each month from **5:30PM – 6:30PM**. Sing your favorite karaoke songs solo or with others and dance and get down! Raffle tickets given for performing to win a \$10 gift card.

Music Therapy: Enjoy and benefit from 45 minutes of music therapy from a board certified music therapist. Meets the first Monday of each month.

Special Events & Excursions

Saturday, October 1 – Lambs Farm - Libertyville

- 14245 W. Rockland Rd
- 300+ animals, café, bakery and thrift shop
- Free to those who attend Drop-In (Save \$5.00 per person)
- We will leave Drop-in by 10:15AM and return by 3:00PM
- Van seating is limited to 8 guests

Thursday, October 6 – Big Band Night – Elk Grove

- 1000 Wellington Avenue - Garden Terrace Banquets
- Live Big Band Music to listen or dance to
- Bakery snacks, Coffee and water available
- Free to those who attend Drop-In (Save \$5.00 per person)
- We will leave Drop-In by 6:30PM and return by 8:30PM
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Saturday, October 8 – Fall Diddley – Belvidere

- 8791 Il Route 76
- 37th Annual Craft Show with Crafters from Several States
- Food vendors and Mental Health Resource League Bakery
- Free to those who attend Drop-In
- We will leave Drop-In by 10:15am and return by 3:00pm
- Van Seating is limited to 8 guests
- Please RSVP to Drop-In in advance

Wednesday, October 12 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- Free to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, October 15 – Lincoln Park Zoo Fall Fest - Chicago

- 2001 N Clark St
- Festive Themed Zoo visit
- Pumpkin Patch, Professional Pumpkin Carvers and Stilt Walkers
- Lunch will be on your own
- **Extended hours 9:00am to 3:00pm**
- Van seating is limited to 8 guests

Saturday, October 22 – Bowling at Beverly Lanes – Arlington Heights

- 8 S Beverly Ln
- Bowling at 12:00pm
- **Join us for lunch first (Guest Purchase)**
- **Free** to those who attend Drop-in (save \$6.00 per person)
- We will leave Drop-in by 10:15am and return by 3pm
- Van seating is limited to 8 guests

Thursday, October 27 – The Healing Nature of the Forest: A Calming Walk with Mary Anne – Northbrook

- **Special Drop-In Hours: 2-7PM**
- Milwaukee Ave & Winkleman Rd (Allison Woods Forest Preserve)
- Explore and learn while walking the forest guided by Mary Anne
- 1.5 mile walk (Alternative to walking is sitting at the pavilion to enjoy the outdoors)
- We will leave Drop-In at 2:30pm and be back by 7pm
- Van seating is limited to 8 guests
- RSVP required, please RSVP to Drop-In in advance

Saturday, October 29 – Family and Friends Day Halloween Party – Mount Prospect

- 1585 W Dempster St
- Games
- Raffles every hour
- Pizza for lunch
- Trick or Treat Goody Bags
- Scary Movies and Popcorn
- Bring Your Friends and Family
- You are strongly urged to wear a Halloween Costume. There will be Judging for Best, Most Creative, and Scariest Costumes. Weapons cannot be included in costumes.
- Please RSVP to Drop-In in advance.