



## **DROP-IN**

**June 2024**

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117  
Announcements, Special Events & Excursions**

**Announcements:** Visit the [Kennethyoung.org](http://Kennethyoung.org) website to see Drop-In Center activities, schedules, and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are FREE to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. \*Please see details below.

For questions or more information call your Drop-In Team at 847-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

### **Updates:**

#### **LGBTQ+ Pride Month!**

**N.A.M.I. Connection:** Now meeting the 1<sup>st</sup> and 3<sup>rd</sup> Sunday of the Month from 1:00PM - 2:30PM.

**Leadership and Empowerment:** Meets on Thursday, June 13 at 4PM and on Thursday, May 20 at 6PM this month. - Have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM.**

**Work Why Not?** - Weekly job group where you will learn skills that will be useful even if you are not looking for a job. **Meets Wednesdays. See Calendar for time.**

**Recovery Connection:** Mental Health recovery focused class. **Meets Fridays at 1:00PM**

**Monthly Birthday Celebrations:** Meets at **12:00PM** on the 1st Wednesday of the month. Celebrate your birthday with Drop-In. Enjoy cake and fun as we celebrate all birthdays from the current month.

**Library Excursions:** The Drop-In Center will take an excursion to the Mt. Prospect Library at 10 South Emerson St in Mt. Prospect on the 2<sup>nd</sup> and 4<sup>th</sup> Monday mornings of each month. We will leave the Drop-In Center at 10:30AM and return to the Drop-In Center by Noon. Enjoy all of the resources the library has to offer. **This month, excursions to the library will be on June 10<sup>th</sup> and June 24<sup>th</sup>.**

**Karaoke/Open Mic Night:** Sing your favorite karaoke songs solo or with others and dance and get down! Or, maybe you would rather recite poetry...any oratory is ok. Raffle tickets given for performing to win a \$10 gift card. **(Meets on, Thursdays, June 6 and June 20 at 4PM this month.)**

**Music Therapy:** Enjoy and benefit from 45 minutes of music therapy from a board Certified music therapist. **Meets this month on Wednesday, June 5 at 11:15AM.**

**Lunch:** While a small snack is served every day, **guests are encouraged to bring a bag lunch.** Microwave oven is available. Enjoy a full, homemade lunch each Wednesday (unless an excursion is scheduled). Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

**Dinner:** While a small snack is served every day, **guests are encouraged to bring a bag dinner.** Microwave oven is available. Enjoy a homemade dinner each Tuesday. Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

**Art Therapy:** An art therapist will facilitate the group. Use art to learn something about yourself. **(Meeting Date this Month: TBA**

## **Special Events & Excursions**

### **Saturday, June 1 – Wagner Farm – Glenview**

- 1510 Wagner Rd
- Historic Dairy farm with a look back at life on the farm during early 20<sup>th</sup> century
- See old barns and animals: pigs, lambs, cows, draft horses and chickens
- We will also check out their small gift shop
- Free to those who attend Drop-In
- Please RSVP to Drop-In in advance
- Van seating is limited

### **Saturday, June 8 – Heider's Berry Farm: Strawberry Picking – Woodstock**

- 1106 N. Queen Anne Rd
- Fresh strawberry picking
- Pre picked strawberries, jams and rhubarb are also available for purchase
- Free to those who attend drop-in (save \$9)
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance
- Van seating limited

### **Wednesday, June 12 – CRSS Competency Training Session 1 – Mount Prospect**

- 1585 W Dempster
- Training for individuals who have or are seeking the CRSS credential
- We will join the WebEx together and the training is 1:00pm to 4:00pm
- Session 1 of 6. 2.75 CEUs awarded for attending each session
- Session 2 is June 26<sup>th</sup> and Session 3 is July 10<sup>th</sup>
- Please RSVP to Drop-In in advance

### **Saturday, June 15 – KYC Pop Up LGBTQ+ Pride Fest and shopping – Schaumburg**

- 5 Woodfield Mall (in the Grand Court)
- Support KYC and the LGBTQ+ community at Woodfield Mall (starting at 2pm)
- Walk the mall
- Please RSVP to Drop-In
- Van seating is limited

### **Wednesday, June 19 – Classic Cinemas – Elk Grove Village**

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- Free to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited

### **Saturday, June 22 – 2024 Hustle For Health 5k run/walk Fundraiser – Elk Grove**

- Busse Woods Grove 26
- Walk to support Kenneth Young Center during our annual outdoor fundraiser event
- Walking is optional and there are picnic benches available
- Drop-In will have a couple lawn chairs or you can bring your own
- You are strongly urged to bring your Friends and Family
- **Special Hours: 9:00am to 2:00pm**
- Please RSVP to Drop-In in advance

### **Thursday, June 23 – Nature Walk with Mary Anne at The Grove – Glenview**

- 1421 Milwaukee Ave
- Nature hike and education provided by Mary Anne Enriquez
- Visitor center houses fish, rescue wildlife and an enormous 200-year-old turtle
- **Special Hours: 2:00pm to 7:00pm**
- The van will leave Drop-In at 2:15pm. We will first stop in at the visitor center and see the fish and turtle. After the visitor center we will do a peaceful nature hike
- **Van seating is limited to 7 guests**
- RSVP required, please RSVP to Drop-In

### **Wednesday, June 26 – CRSS Competency Training Session 2 – Mount Prospect**

- 1585 W Dempster
- Training for individuals who have or are seeking the CRSS credential
- We will join the WebEx together and the training is 1:00pm to 4:00pm
- Session 2 of 6. 2.75 CEUs awarded for attending each session
- Session 3 is July 10<sup>th</sup> and Session 4 is July 24<sup>th</sup>
- Please RSVP to Drop-In in advance

### **Saturday, June 29 – Family and Friends Day – Mount Prospect**

- 1585 W Dempster St
- Lunch is at 12pm noon
- Vegetable Pizza will be served
- Featured Movie: Oceans 12
- You are strongly urged to bring your Friends and Family
- Please RSVP to Drop-In in advance.