



DROP-IN

June 2019

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Get Fit Club: This club meets at the Drop-In every Monday morning to set our weekly goals, check-in and then buddy up for our weekly trip to the Rec Plex to do light exercise at the Rec Plex. **Registration is on Monday, June 3. Drop-in pays the monthly registration fee as long as you attend on Mondays.**

Helping Hands: This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

N.A.M.I. Connection: 1st and 3rd Sundays of the Month

Leadership and Empowerment: on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Vocations for Recovery: (Job Club) Fridays from 1pm to 2pm

Wellness Recovery Action Plan: WRAP classes on Wednesdays from 1:30pm to 3:00pm. This is a self-designed wellness and prevention process to get well, stay well and create the life you want. WRAP was developed by individuals looking for ways to overcome their own mental health disorders and move on to reaching their goals and dreams.

Special Events & Excursions

Saturday, June 1 – Greekfest in Lincoln Park - Chicago

- 2701 N Sheffield Ave
- Annual cultural celebration on the grounds of St. George Greek Orthodox Church will serve up authentic flavorful food, great music, dancing and pure fun.
- Free to those who attend Drop-In
- Greekfest opens at 12:00, we will leave Drop-In by 11:00PM and return by 3:00PM
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Thursday, June 6 – Big Band Night – Elk Grove

- 1000 Wellington Avenue
- Listen and dance to live Big Band Music. Enjoy delicious refreshments
- **Free** to those who attend Drop-In (Save \$5.00 per person)
- We will leave Drop-In by 6:30PM and return by 8:15PM
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Saturday, June 8 – KYC Hustle for Health – Elk Grove Village

- Busse Woods – Area 26 (West of Arlington Hts Rd and South of Landmeier)
- Registration is at 8AM. The walk/run is at 9AM
- We will depart the Drop-In Center at 8AM and return by 2PM
- Come is a walker, runner, cheerleader, and/or as a fundraiser
- Register at the Drop-In Center
- Join the Drop-In for lunch out after the “Hustle”
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Sunday, June 9 – Busse Woods - Elk Grove

- Higgins and Arlington Heights Road
- Fishing rods and bait will be provided
- Barbecue and Frisbee toss
- **Free** to those who attend Drop-In
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, June 15 – Mountain View Mine Miniature Golf – Des Plaines

- 510 E Algonquin
- Old fashioned mining theme, complete with creeks, bridges, beautiful waterfalls, and rock formations
- **Free** to those who attend Drop-In (Save \$8.50 per person)
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Wednesday, June 19 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- **Free** to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Thursday, June 20 – Schaumburg Boomers Baseball Game – Schaumburg

- 1999 S. Springinsguth Rd
- 12:05 game vs. the Joliet Slammers
- **Hours of Drop-In Extended: 11:15am-4:15pm**
- **Free** to those who attend Drop-In (Save \$12.00 per person)
- We will leave Drop-In by 11:30am and return by 4:15pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, June 22 – Elk Grove Bowl – Elk Grove

- 53 South Arlington Heights Rd
- Bowling
- **Free** to those who attend Drop-in (save approximately \$5 per person)
- We will leave Drop-In at 11:40am and return by 3:00pm
- Bowling is at 12:00pm
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Sunday, June 23 – Volkening Heritage Farm at Spring Valley – Schaumburg

- 201 S. Plum Grove Road, Schaumburg
- 1880s German farm
- See livestock including chickens, horses, cows and pigs
- Authentically dressed interpreters
- Nature walking trails
- We will leave Drop-In by 11:30am and return by 4:15pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Monday, June 24 – Shed Aquarium – Chicago

- **Hours of Drop-In Extended: 9:00am – 3:00pm**
- 1200 Lake Shore Drive
- Arrive to Drop-In by 9am
- **Free** day – Bring Illinois Driver's License or Identification Card
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Tuesday, June 25 – CRSS Competency Training – Chicago

- 100 W Randolph (James R Thompson Center, Lower Level Auditorium)
- Training for individuals who have or are seeking the CRSS credential
- **Hours of Drop-In Extended: 6:00am – 6:00pm**
- Dates of training are June 25th, July 23rd and August 20th
- 5 CEUs awarded for each day
- **Free** to those who attend Drop-in
- We will leave Drop-In at 6:00am and return by 6:00pm (training is 9:30am to 3:45pm)
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Thursday, June 27 – Summer Supper at The Orchard Church – Arlington Heights

- 1330 N Douglas
- Free Community Meal for the homeless and underprivileged
- Supper starts at 6:30 pm
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Saturday, June 29 – Friends and Family Day: Movie – Star Wars: A New Hope – Mount Prospect

- 1585 W Dempster St., Suite #110
- Come dressed in Star Wars Garb if you wish
- Lunch at 11:00 pm
- Movie at 12:00 Noon
- Light Sabre making to follow
- Drop in between 10am and 3pm. You are strongly encouraged to bring friends and family members.
- Please RSVP to Drop-In in advance