



## **DROP-IN**

**January 2023**

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117  
Announcements, Special Events & Excursions**

**Announcements:** Visit the [Kennethyoung.org](http://Kennethyoung.org) website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are FREE to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. \*Please see details below.

For questions or more information call your Drop-In Team at 847-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

### **Updates:**

**N.A.M.I. Connection:** Each Sunday of the Month from 1:00PM – 2:30PM.

**Move Your Body at the RecPlex: 10:30AM-12PM** Meet us at Drop-In or at the RecPlex. Please register in person or call Drop-In. Registration is required.

**Leadership and Empowerment:** Meets on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM.**

**Work Why Not?** - Weekly job group will learn job skills that will be useful even if you are not looking for a job. **Meets Wednesdays from 11:00AM-12:00PM**

**Recovery Connection:** Mental Health recovery focused class. **Meets Fridays at 1:00PM**

**Monthly Birthday Celebrations:** Meets at **12:00PM** on the 1st Wednesday of the month. Celebrate your birthday with Drop-In. Enjoy cake, cards and fun as we celebrate all birthdays from the current month.

**Comedy Hour:** Meets the last Thursday of each month from **6:00PM – 7:00PM** - Watch standup comedians on screen and bring your own jokes in to share. Raffle tickets given for telling a joke to win a \$10 gift card.

**Karaoke/Open Mic Night:** Meets the first Thursday of each month from **4:00PM-5:00PM**. Sing your favorite karaoke songs solo or with others and dance and get down! Raffle tickets given for performing to win a \$10 gift card.

**Music Therapy:** Enjoy and benefit from 45 minutes of music therapy from a board certified music therapist. Meets the first Monday of each month.

**Lunch:** While heavy snacks are served every day, enjoy a homemade lunch each Wednesday (unless an excursion is scheduled). Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

**Dinner:** While heavy snacks are served every day, enjoy a homemade dinner each Thursday. Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

### **Special Events & Excursions**

#### **Saturday, January 7 – Kaffestube Coffee Shop and Half Price Books – Schaumburg**

- 1075 E Golf Rd and 105 E. Schaumburg Rd.
- Arrive to Drop-In by 10am
- Free to those who attend Drop-In
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

#### **Wednesday, January 11 – Classic Cinemas – Elk Grove Village**

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- Free to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

#### **Saturday, January 14 – Woodfield Mall and Red Robin– Schaumburg**

- 5 Woodfield Mall, Schaumburg, IL 60173
- Walk and shop at the largest mall in Illinois
- Free to those who attend Drop-In (Save \$12.00 per person)
- **We will leave Drop-in by 10:15am and return by 3pm**
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

#### **Saturday, January 21 – Lincoln Park Conservatory - Chicago**

- 2391 N. Stockton Dr.
- We will leave Drop-In by 10:15am and return by 3pm
- Free to those that attend Drop-In
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

#### **Saturday, January 28 – Family and Friends Day – Mount Prospect**

- 1585 W Dempster St
- Hot Dogs and Mac and Cheese for lunch
- Movie: Rocket Man
- You are strongly urged to bring Your Friends and Family
- Please RSVP to Drop-In in advance.