



DROP-IN

February 2023

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are FREE to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

N.A.M.I. Connection: Each Sunday of the Month from 1:00PM – 2:30PM.

Move Your Body at the RecPlex: 10:30AM-12PM Each Monday of the Month, except the first Monday. Meet us at Drop-In or at the RecPlex. Please register in person or call Drop-In. Registration is required.

Leadership and Empowerment: Meets on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM.**

Work Why Not? - Weekly job group will learn job skills that will be useful even if you are not looking for a job. **Meets Wednesdays from 11:00AM-12:00PM**

Recovery Connection: Mental Health recovery focused class. **Meets Fridays at 1:00PM**

Monthly Birthday Celebrations: Meets at **12:00PM** on the 1st Wednesday of the month. Celebrate your birthday with Drop-In. Enjoy cake, cards and fun as we celebrate all birthdays from the current month.

Comedy Hour: Meets the last Thursday of each month from **6:00PM – 7:00PM** - Watch standup comedians on screen and bring your own jokes in to share. Raffle tickets given for telling a joke(s) to win a \$10 gift card.

Karaoke/Open Mic Night: Meets the first Thursday of each month from **4:00PM-5:00PM**. Sing your favorite karaoke songs solo or with others and dance and get down! Raffle tickets given for performing to win a \$10 gift card.

Music Therapy: Enjoy and benefit from 45 minutes of music therapy from a board certified music therapist. Meets the first Monday of each month.

Lunch: While heavy snacks are served every day, enjoy a homemade lunch each Wednesday (unless an excursion is scheduled). Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

Dinner: While heavy snacks are served every day, enjoy a homemade dinner each Tuesday. Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

Special Events & Excursions

Saturday, February 4 – Treasure Hunt Deals – Elgin

- 1029 N Randall Rd
- Isles of tables filled with random home items to search through
- Everything is one price each day: Saturday items are \$6
- Free to those who attend Drop-In
- **We will leave Drop-in by 10:15am and return by 3pm**
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Wednesday, February 8 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- Free to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, February 11 – Gurnee Mills Mall – Gurnee

- 6170 W Grand Ave
- Walk and shop over 170 stores with two food courts
- Shop Bass Pro World: for fishermen and lovers of outdoors
- **We will leave Drop-in by 10:15am and return by 3pm**
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Tuesday, February 14 – Valentine’s Day Party – Mount Prospect

- 1585 W Dempster St
- Celebrate Valentine’s Day with others
- You are encouraged to bring a side dish
- Dinner, Games and Karaoke

Saturday, February 18 – Bowling at Beverly Lanes – Arlington Heights

- 8 S Beverly Ln
- Bowling at 10:30am
- **Free** to those who attend Drop-in (save \$7.00 per person)
- Lunch will be on your own after bowling – location to be decided on the day
- We will leave Drop-in by 10:15am and return by 3pm
- Van seating is limited to 8 guests

Saturday, February 25 – Family and Friends Day – Mount Prospect

- 1585 W Dempster St
- Kentucky Fried Chicken for lunch
- Movie: Patch Adams
- You are strongly urged to bring Your Friends and Family
- Please RSVP to Drop-In in advance.