



DROP-IN

August 2021

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are FREE to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

N.A.M.I. Connection: Each Sunday of the Month from 1:00PM – 2:30PM. (Will not meet Sunday, July 4.)

Leadership and Empowerment: Meets on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM**

Vocations for Recovery: (Job Club) Fridays from 1:00PM – 2:00PM

Monthly Birthday Celebrations: Meets at 12:00PM on the 1st Wednesday of this month. Celebrate your birthday with Drop-In. Enjoy cake, cards and fun as we celebrate all guests' birthdays from the current month.

Comedy Hour: Meets the last Thursday of each month from 6:00PM – 7:00PM - Watch standup comedians on screen and bring your own jokes in to share.

Karaoke/Open Mic Night: Meets the first Thursday of each month from 6:00PM – 7:00PM – Play your instruments, sing a song or sing with others, tell jokes and entertain in front of the other guests.

Sunday Meditation: Meets each Sunday from 11:00AM – 11:40AM – Practice guided, visualized, mindfulness and other meditations.

Certified Recovery Support Specialist (CRSS) Competency Training: Training for people interested in peer support and the Recovery Support Specialist role. Meets on the last two Wednesdays. August focuses on Ethics. **We will join WebEx together at 1:00PM.**

Mental Health Topics with Allison: Drop-In intern Allison will do a group series with topics related to mental health every **Monday at 12:30 PM.**

Special Events & Excursions

Saturday, August 7 – Farmers Market and Historical Museum – Arlington Heights

- Vail Avenue and Fremont Street (Market) and 110 W. Fremont Street(Museum/Pop Factory)
- Shop fresh local produce, honey, baked goods, salsa and more
- Link cards can be used
- Pop Factory and Loading Dock with a History Exhibit
- Arlington Heights-inspired gifts, old-fashioned items, books, note cards, mugs, and vintage soda pop flavors in glass bottles
- We will leave Drop-in by 10:15AM and return by 3:00PM
- Van seating is limited to 6 guests (about 2.7 miles from Drop-In)

Wednesday, August 11 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- **Free** to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 6 guests (about 3 miles from Drop-In)
- Return to Drop-In by 4pm

Saturday, August 14 – Nickel City Arcade – Northbrook

- 555 Waukegan Rd
- Arcade that uses nickels to play
- Many classic games and games you can win redeemable prize tickets
- **Free** to those who attend Drop-In (Save \$2.00(entry fee) per person)
- Van seating is limited to 6 guests (about 10 miles from Drop-In)
- RSVP required, please RSVP to Drop-In in advance

Wednesday, August 18 – CRSS Competency Training – Mount Prospect

- 1585 W Dempster St
- Training for people interested in peer support and the Recovery Support Specialist role
- Learn about CRSS Ethics
- Session 5 (2.75 CEUs awarded for attending)
- **Free** to those who attend Drop-in
- We will join the WebEx together at 12:45PM (training is from 1:00AM to 4:00PM)
- Please RSVP to Drop-In in advance

Saturday, August 21 – Bowling – Elk Grove Village

- 53 South Arlington Heights Rd
- Bowling, Arcade and Pool
- Meeting at Subway at 11:00AM for Lunch before we bowl
- **Bowling alley summer hours: now open at 12:00PM**
- We will leave Drop-in by 10:30AM and return by 3:00PM
- **Free** to those who attend Drop-in (save \$5.00 per person)
- Van seating is limited to 6 guests (about 2.7 miles from Drop-In)
- Please RSVP to Drop-In in advance

Wednesday, August 25 – CRSS Competency Training – Mount Prospect

- 1585 W Dempster St
- Training for people interested in peer support and the Recovery Support Specialist role
- Learn about the CRSS Ethics
- Session 6 (2.75 CEUs awarded for attending)
- **Free** to those who attend Drop-in

- We will join the WebEx together at 12:45PM (training is from 1:00AM to 4:00PM)
- Please RSVP to Drop-In in advance

Thursday, August 26 – **Special Hours at Drop-In – 9:00AM – 2:00PM**

- 9:00 – How U Doin
- 10:00 – Leadership and Empowerment
- 11:00 – Snacks/Social
- 12:00 – Comedy Hour

Saturday, August 28 – Family and Friends Day – Mount Prospect

- 1585 W Dempster St
- **Movie: Life Animated**
- Drop in between 10:00AM and 3:00PM
- Sloppy Joes, cornbread and coleslaw will be served
- You are strongly encouraged to bring friends and family members.
- Please RSVP to Drop-In in advance