



DROP-IN

August 2024

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules, and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are FREE to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Disability Pride Month!

N.A.M.I. Connection: Now meeting the 1st and 3rd Sunday of the Month from 1:00PM - 2:30PM.

Leadership and Empowerment: Meets **Thursday, August 8th and Thursday, August 22nd, both at 4PM** this month. - Have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Work Why Not? - Weekly job group where you will learn skills that will be useful even if you are not looking for a job. **Meets Wednesdays. See Calendar for time.**

Recovery Connection: Mental Health recovery focused class. **Meets Fridays at 1:00PM**

Monthly Birthday Celebrations: Meets at **12:00PM** on the 1st Wednesday of the month. Celebrate your birthday with Drop-In. Enjoy cake and fun as we celebrate all birthdays from the current month.

Library Excursions: The Drop-In Center will take an excursion to the Mt. Prospect Library at 10 South Emerson St in Mt. Prospect on the 2nd and 4th Monday mornings of each month. We will leave the Drop-In Center at 10:30AM and return to the Drop-In Center by Noon. Enjoy all of the resources the library has to offer. **This month, excursions to the library will be on August 12th and August 26nd.**

Karaoke/Open Mic Night: Sing your favorite karaoke songs solo or with others and dance and get down! Or, maybe you would rather recite poetry...any oratory is ok. Raffle tickets given for performing to win a \$10 gift card. **(Meets on Thursday August 1st and August 15th at 4PM this month.)**

Music Therapy: Enjoy and benefit from 45 minutes of music therapy from a board Certified music therapist. **Meets this month on Wednesday, August 7th at 11:15AM.**

Lunch: While a small snack is served every day, **guests are encouraged to bring a bag lunch.** A microwave oven is available for guest to use. Enjoy a full, homemade lunch each Wednesday (unless an excursion is scheduled). Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

Dinner: While a small snack is served every day, **guests are encouraged to bring a bag dinner.** Microwave oven is available. Enjoy a homemade dinner each Tuesday. Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

Art Therapy: An art therapist will facilitate the group. Use art to learn something about yourself. **(Meeting Friday August 30th at 2:00pm)**

Special Events & Excursions

Saturday, August 3 – Taste of Roselle – Roselle

- Main St. (Downtown)
- We will leave Drop-In at 11:30am and return by 3pm
- Food vendors and Craft Fair from Roselle area businesses
- Three stages of live Entertainment
- Please RSVP to Drop-In in advance

Wednesday, August 7 – CRSS Competency Training Session 5 – Mount Prospect

- 1585 W Dempster
- Training for individuals who have or are seeking the CRSS credential
- We will join the WebEx together and the training is 1:00pm to 4:00pm
- Session 5 of 6. 2.75 CEUs awarded for attending each session
- Session 6 is August 21st
- Please RSVP to Drop-In in advance

Saturday, August 10 – Lambs Farm Summertime Craft Show and ReStore - Elgin

- 37W955 Big Timber Rd (Camp Big Timber) and 800 N State St (ReStore)
- Elgin Craft Show with proceeds benefiting Lambs Farm and Camp Big Timber
- ReStore has household items, furniture, tools and equipment
- Free to those who attend Drop-In
- We will leave Drop-in by 10:15am and return by 3:00pm

Wednesday, August 14 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- Free to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited

Saturday, August 17 – Sparrows Nest, Salvation Army & St Vincent DePaul Thrift – Mundelein and Libertyville

- 357 Townline Rd, 340 Townline Rd and 168 Peterson Rd
- We will check out these various thrift shops
- Please RSVP to Drop-In in advance

Wednesday, August 21 – CRSS Competency Training Session 6 – Mount Prospect

- 1585 W Dempster
- Training for individuals who have or are seeking the CRSS credential
- We will join the WebEx together and the training is 1:00pm to 4:00pm
- 6th and Final Competency training of 2024
- 2.75 CEUs awarded for attending
- Please RSVP to Drop-In in advance

Saturday, August 24 – Kline Creek Farm – West Chicago

- 1N600 County Farm Rd West Chicago
- Part of the Forest Preserve District of DuPage County
- Working Farm with livestock, barns and other farm buildings
- Farmhouse tours at the top of the hour from 10am to 4pm
- Timber Ridge visitor center sells beverages, snacks, farm-fresh eggs, soaps, honey & more
- Free to those who attend Drop-In (Save suggested donation of \$5 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited

Saturday, August 31 – Family and Friends Day – Mount Prospect

- 1585 W Dempster St
- Serving Bacon Lettuce Tomato Sandwiches with Chips for lunch at 12 noon
- Featured Movie this month is Titanic
- Family and Friends Day!
- You are strongly urged to bring Your Friends and Family
- Please RSVP to Drop-In in advance