



Drop-In



OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)				1 3:30 How U Doin' 4:00 Journal Group 5:00 Snacks/Social 5:30 Karaoke/Open Mic	2 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	3 Saturday Escursion Septemberfest - Schaumburg (See Announcements) Please Call Drop-In for Reservations
4 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	5 - Labor Day Labor Day BBQ Burgers and Hot Dogs Games Hourly Raffles (See Announcements) Please Call Drop-In for Reservations	6 3:30 How U Doin' 4:00 Men's and Women's Group 5:00 Snacks/Social 6:00 Movie and Popcorn Night	7 11:00 Work Why Not? (Vocations for Recovery) 12:00 Snacks/Social Celebrate September Birthdays 1:00 Guest Choice	8 3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks/Social 5:30 Recovery Circle	9 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	10 Saturday Excurion Mountain View Mini Golf - Des Plaines (See Announcements) Please Call Drop-In for Reservations
11 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	12 10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex 12:00 Snacks/Social 1:00 Games	13 3:30 How U Doin' 4:00 Men's and Women's Group 5:00 Snacks/Social 6:00 Movie and Popcorn Night	14 11:00 Work Why Not? (Vocations for Recovery) 12:00 Movie at Elk Grove Classic Cinemas, Return by 4:00	15 3:30 How U Doin'? 4:00 Journal Group 6:00 Snacks/Social 6:30 Recovery Circle	16 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	17 Saturday Excursion Bowling - Beverly Lanes - Arlington Heights (See Announcements) Please Call Drop-In for Reservations
18 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	19 10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex 12:00 Snacks/Social 1:00 Games	20 3:30 How U Doin'? 4:00 Men's and Women's Group 5:00 Snacks/Social 6:00 Movie and Popcorn Night	21 Special Hours 10-3 Wednesday Excursion Volunteer Opportunity: Feed My Starving Children - Schaumburg (See Announcements) Please Call Drop-In For Reservations	22 Special Hours 3-7:30 Thursday Excursion Forest Preserve Education - Pottwotomi Woods - Wheeling (See Announcements) Please Call Drop-In for Reservations	23 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	24 Friends and Family Day Bring Friends & Family Lunch: Tacos & Spanish Rice Feature Movies: Cinderella & Ever After: A Cinderella Story (See Announcements) Please Call Drop-In for Reservations
25 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	26 10:00 How u Doin'? 10:30 "Move Your Body" at the RexPlex 12:00 Snacks/Social 1:00 Games	27 3:30 How U Doin' 4:00 Men's and Women's Group 5:00 Snacks/Social 6:00 Movie and Popcorn Night	28 11:00 Work Why Not? (Vocations for Recovery) 12:00 Snacks/Social 1:00 Guest Choice	29 3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks/Social 6:00 Comedy Hour	30 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend.*