









# Drop-In



OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	2 <b>Labor Day BBQ</b> 10 AM - 3 PM (See Flyers) <b>Please CALL for Details and to RSVP</b> 	3 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	4 11:00 How you Doin' 12:00 Lunch/Social 1:00 Guest Choice 	5 3:30 How U Doin' 4:30 Current Events 5:30 Guest's Cook 6:15 <b>Big Band</b> (See Flyers) <b>Please Call for Details and to RSVP</b> 	6 1:00 <b>Vocations for Recovery (Job Club)</b> 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	7 Saturday Excursions <b>Volo Auto Museum-Volo</b> (See Flyers) <b>Please CALL for Details &amp; to RSVP</b>
8 Sunday Excursions <b>The Grove-Glenview</b> (See Flyers) <b>Please CALL for Details &amp; to RSVP</b>	9 10:00 <b>Get Fit Club - Off Site</b> - Please <u>CALL for Details</u> . We will return by Noon for: 12:00 Lunch/Social 1:00 "What's Good About Anger?"	10 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	11 11:00 How You Doin' 11:15 <b>Frank Lloyd Wright Home and Studio-Oak Park</b> (See Flyers) <b>Please CALL for Details &amp; to RSVP</b>	12 3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 5:30 Dinner, Movie & Popcorn Night 	13 1:00 <b>Vocations for Recovery (Job Club)</b> 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	14 Saturday Excursions <b>Celebration of Cultures Mt. Prospect</b> (See Flyers) <b>Please Call for Details &amp; to RSVP</b>
15 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	16 10:00 <b>Get Fit Club - Off Site</b> - Please <u>CALL for Details</u> . We will return by Noon for: 12:00 Lunch/Social 1:00 "What's Good About Anger?"	17 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle 	18 Excursion <b>Classic Cinemas - Elk Grove Village</b> (See Flyers) <b>Please CALL for Details &amp; to RSVP</b>	19 2:30 How U Doin' 2:45 <b>Art Institute of Chicago-Chicago</b> (See Flyers) <b>Please CALL for Details &amp; to RSVP</b> 	20 1:00 <b>Vocations for Recovery (Job Club)</b> 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	21 Saturday Excursions <b>Elk Grove Bowl-Elk Grove Village</b> (See Flyers) <b>Please CALL for Details &amp; to RSVP</b>
22 10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice 	23 10:00 <b>Get Fit Club - Off Site</b> - Please <u>CALL for Details</u> . We will return by Noon for: 12:00 Lunch/Social 1:00 "What's Good About Anger?"	24 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	25 11:00 How you Doin' 12:00 Lunch/Social 1:00 Guest Choice	26 3:30 How U Doin' 4:00 <b>Leadership and Empowerment</b> 6:00 <b>Summer Suppers</b> (See Flyers) <b>Please CALL for Details and to RSVP</b>	27 1:00 <b>Vocations for Recovery (Job Club)</b> 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	28 Friends and Family <b>Lunch and Movie "Back to the Future"</b> (See Flyers) <b>Please CALL for Details &amp; to RSVP</b>
29 10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	30 10:00 <b>Get Fit Club - Off Site</b> - Please CALL for Details. We will return by Noon for: 12:00 Lunch/Social 1:00 "What's Good About Anger?"			29 Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)	30	31

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests

*\*This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. \*must be 18 and over to attend*