










Drop-In



OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin' 12:00 Lunch/Social 1:00 Guest Choice 	3:30 How U Doin' 4:30 Current Events 5:30 Guest's Cook 6:30 Big Band (See Flyers) Please Call for Details and to RSVP 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Northwest Celtic Fest-Hoffman Estates (See Flyers) Please CALL for Details & to RSVP
		6	7	8	9	10
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 10:15 Bingo and Yoga 12:15 Lunch/Social 1:15 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin' 11:15 Excursion - Goebbert's Pumpkin Farm - S. Barrington (See Flyers) Please Call for Details & to RSVP	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Dinner, Movie & Popcorn Night 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Cantigny Fall Festival-Wheaton (See Flyers) Please Call for Details & to RSVP
13	14	15	16	17	18	19
10:00 How U Doin' 10:15 Excursion - Congo River Mini Golf Hoffman Estates (See Flyers) Please Call for Details & to RSVP	10:00 How U Doin' 10:15 Bingo and Yoga 12:15 Lunch/Social 1:15 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle 	11:00 How you Doin' 12:00 Lunch/Social 1:00 Guest Choice 	3:30 How U Doin' 4:30 Current Events 5:30 Dinner/Social 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Elk Grove Bowl-Elk Grove Village (See Flyers) Please Call for Details & to RSVP
20	21	22	23	24	25	26
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 10:30 Healthy Breakfast & Bingo 12:15 Lunch/Social 1:15 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas - Elk Grove Village (See Flyers) Please CALL for Details & to RSVP	3:30 How U Doin' 4:00 Leadership and Empowerment 5:30 Dinner, Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Spooktacular Halloween Costume Party Games, Pizza, Scary Treats, Photo Ops, Music, Raffles, Costume Contest! (See Flyers) Please Call for Details & to RSVP
27	28	29	30	31		
10:00 How U Doin' 10:15 Excursion - Woodstock Square - Woodstock (See Flyers) Please Call for Details and to RSVP	10:00 How U Doin' 10:15 Bingo and Yoga 12:15 Lunch/Social 1:15 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin' 12:00 Lunch/Social 1:00 Guest Choice	Halloween Party Games, Crafts, Food, Raffles!!! Please Call for Details & to RSVP 	Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)	

All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*