







OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)					1	2
					1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Holiday Market at Wilder Mansion-Elmhurst (See Flyers) Please call for Details and to RSVP
3	4	5	6	7	8	9
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 10:15 Bingo and Yoga 12:15 Lunch/Social 1:15 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin' 12:00 Lunch Social 1:00 Guest Choice	3:30 How U Doin' 4:00 Current Events 5:30 Dinner 6:30 Big Band (See Flyers) Please CALL to RSVP 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Abundant Blessings Holiday Market- St. Charles (See Flyers) Please CALL for Details & to RSVP
10	11	12	13	14	15	16
10:00 How U Doin' 11:00 Guest Choice	10:00 How U Doin' 10:15 Bingo and Yoga 12:15 Lunch/Social 1:15 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle 	11:00 How you Doin' 12:00 Lunch Social 1:00 Guest Choice 	3:30 How U Doin' 4:30 Leadership and Empowerment 5:30 Dinner, Movie, & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Garfield Park Conservatory- Wheaton (See Flyers) Please Call for Details & to RSVP
17	18	19	20	21	22	23
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 10:30 Healthy Breakfast & Bingo 12:15 Lunch/Social 1:15 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas - Elk Grove Village (See Flyers) Please CALL for Details & to RSVP	3:30 How U Doin' 4:00 Leadership and Empowerment 5:30 Dinner, Movie & Popcorn Night 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Thanksgiving Dinner at Christus Victor Lutheran Church- Elk Grove Village (See Flyers) Please Call for Details & to RSVP
24	25	26	27	28	29	30
10:00 How U Doin' 11:00 Excursion - Pesche's Garden Center - Des Plaines (See Flyers) Please Call for Details and to RSVP	10:00 How U Doin' 10:15 Bingo and Yoga 12:15 Lunch/Social 1:15 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin' 12:00 Lunch/Social 1:00 Guest Choice 	Thanksgiving Dinner Turkey w/ all the trimmings, games, raffles, etc Please Call for Details & to RSVP	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Friends and Family Day Featuring: Comaraderie, Both How the Grinch Stole Christmas w/ Boris Karloff and How the Grinch Stole Christmas w/ Jim Carrey, and Lunch. Strongly urged to bring family and friends. Please RSVP

All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests



**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*