

KENNETH YOUNG CENTER CHILD & ADOLESCENT SERVICES

- Individual/Family Therapy
- Early Childhood Services
- Transitioning Youth Services
- Psychiatric Services
- SASS Crisis Services
- Individual Care Grant Support
- Case Management
- Mentoring
- Substance Abuse Counseling
- Group Therapy
- Parenting Services
- Prevention Services

For more information
please call

847-524-8800 x 155

Kenneth Young Center Locations

Schaumburg Location:

1 Illinois Blvd
Hoffman Estates, IL 60169
Phone: 847-884-6212
Fax: 847-884-6687

Elk Grove Location:

1001 Rohlwing Rd
Elk Grove Village, IL 60007
Phone: 847-524-8800
Fax: 847-524-8824



Kenneth Young Center

*Feeling Good
Doing Better
Finding Solutions*

www.kennethyoung.org

MENTORING: BEHAVIORAL SUPPORT SERVICES



**Skill building and
positive adult
connections for
children, adolescents
and young adults**

WHAT IS MENTORING?

Mentoring can mean different things to different people. At Kenneth Young Center, mentors are utilized to work on therapeutic goals with children and adolescents. Young people come to Kenneth Young to deal with problems they are having and to make positive changes in their lives. Mentors are just one way to help them accomplish these goals.

When youth start mentoring, a treatment plan will be completed to outline the goals. Mentoring provides additional support to the youth as well as an opportunity to learn and practice new skills. The relationship that the youth establishes with the worker gives the youth a model of how to develop and maintain relationships in his/her life.

Mentoring is not just for young children. Anyone can benefit from having a mentor. At Kenneth Young, we can provide mentoring up through the age of 24 to young adults who need help learning life skills.

WHAT WILL MENTORS DO?

Mentors play many different roles. However, all of our mentors are trained to help foster a sense of resiliency in young people. Resiliency means thriving in the face of adversity. Mentors help children build skills and use strengths to overcome any hardships they are facing. Additionally, mentors are role models. They may also be seen as confidants, recreational supervisors and advocates. A mentor is not seen as the child's therapist. They do not act as a babysitter or chauffeur and they do not take on the role of parent.

The actual outings these youth have with mentors varies case by case; however, goals of these outings often include, improving self-esteem, practicing appropriate behavior management skills; and engaging youth in appropriate social skills. Activities could include bowling, playing miniature golf, going to the library to work on homework; or finding other opportunities to practice new skills in a social setting for two to three hours a week.

HOW DOES A YOUTH GET MENTORING SERVICES?

Typically, youth are referred to mentoring through their worker at Kenneth Young. District 54 staff also have a small grant that allows them to refer children for mentoring. All children receiving mentoring first undergo a comprehensive mental health assessment to identify areas in which the youth needs help. All clients receiving mentoring receive other services at Kenneth Young as well.

To access mentoring services for a youth, speak to that client's therapist or contact Maggie Richey at the number below.

It can take up to a few weeks for a youth to be matched with a mentor. Clients are match based on gender preferences and personality fit. Once matched with a mentor, mentoring lasts until the goals identified have been met. This can take from a month or two to a year, depending on the needs of the client.

**Questions about mentoring?
Call Maggie Richey at
847-524-8800, ext. 106**