

Overview of Services

Kenneth Young Center (KYC) provides comprehensive in-home assessments and services to older adults and adults with disabilities in Elk Grove and Schaumburg Townships.

We help older adults and caregivers identify their specific needs and the services available to meet them with the goal to live as independently as possible.

For more information, please call KYC's Aging and Disability Resource Center: (847) 524-8800 ext. 189

KYC does not discriminate in any way on the basis of race, color, religion, gender, gender expression, national origin, disability, marital status, sexual orientation, or military status in any of our activities or operations. All are welcome.



What Services are Offered?

Caregiver Resource Center is staffed by a Caregiver Specialist who provides education, resources, self care tips, and skills for the care of a loved one. Support groups, trainings, and counseling are available for caregivers, as well as assistance to relatives raising children.

Chore Housekeeping maintains a clean home or supports laundry needs for clients to live with dignity.

Community Care Program is state supported and available following an in-home assessment, including the determination of eligibility. These services prevent premature placement in a skilled nursing facility.

The following services may be a part of the older adult's care plan:

- Home Care Aide – Assists with personal care, shopping, meal preparation, and household tasks.
- Adult Day Care – Provides a safe, structured, rehabilitative environment, and caregiver respite. Transportation to the site may be available.
- Emergency Home Response System – An alert device provides 24-hour assistance that can arrange an emergency response when needed.

What Services are Offered?

Benefits Counseling assists clients in determining and applying for the appropriate financial aid, entitlement, or state and federal programs. Certified SHIP volunteers are also available.

Home Delivered Meals are brought to homebound clients who are unable to prepare their own meals during the week. Volunteers deliver a nutritious meal while providing socialization and a well-being check around noon.

Money Management Program provides assistance with bill paying, basic household accounting, and other financial services. Highly trained, closely supervised volunteers are matched with clients to best meet the client's needs.

Options Counseling supports family members to determine care choices based on the older adults' needs, preferences, values, and individual circumstances.

Transitional Care offers support to older adults or adults with disabilities as they move between places and levels of care. Care Coordinators assess needs and arrange for services and resources to ensure a smooth transition.

Accessing Services

Aging & Disability Resource Center Information, assistance, and referrals on a broad range of issues can be provided in-person, by phone, or by e-mail to older adults, adults with disabilities, their families or caregivers, and professionals. We are able to briefly assess the person's situation and connect them to the proper resources, including KYC's services.

A 30-minute intake will be completed during the initial conversation or scheduled within two business days. Once completed and a care coordinator will arrange an in-home assessment with the older adult and their loved ones and/or caregivers if appropriate.

Care Coordination Based on the assessment and with input from the older adult, the care coordinator develops a comprehensive care plan. All the necessary services are arranged and resources are provided to assist the older adult in achieving their goals. The care coordinator continues to monitor services and is available to the older adult and their family for as long as they need them.

What Services Are Offered?

Choices for Care

Staff help older adults, adults with disabilities and their families/ caregivers who are considering nursing home placement. KYC staff screens applicants in the community for eligibility while assessing their need for community-based services or skilled nursing care.

Adult Protective Services

KYC case workers investigate possible abuse, neglect, and financial exploitation of older adults and people ages 18-59 with disabilities. Allegations of abuse are investigated following state guidelines and the necessary steps are taken to ensure the safety and well-being of all involved.

Sometimes, older adults struggle to manage in their own homes, yet are reluctant to accept assistance. Caring KYC case workers assess and arrange services or provide resources whenever needed.

**To report abuse, neglect, financial exploitation, or self neglect, call us Monday – Friday, 9am–5pm:
(847) 524-8800.**

**IL Department Senior Helpline
24 hours a day/7 days a week
(800) 252-8966.**

Funding Sources

AGEOPTIONS[®]



KYC is grateful for the generous support of individual, corporate, and foundation donors to maintain and expand our mission.

Volunteer Opportunities

- Benefits Assistance
- Care Coordination Assistance
- Clerical
- Friendly Caller Program
- Home Delivered Meals
- Money Management
- Senior Health Insurance Program (SHIP)

Kenneth Young Center Older Adult Services

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Extension 189
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www.kennethyoung.org

Mission Statement

We partner with communities to support people of all ages to navigate life's challenges through personalized prevention, intervention, treatment, and recovery.

Together We Thrive.



Older Adults and Adults with Disabilities



**Helping older adults
and adults
with disabilities
access resources
and maintain
independence.**

www.kennethyoung.org

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