



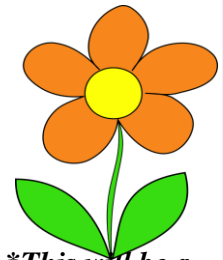


# Drop-In



OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)				1 3:30 How U Doin'? 4:00 Karaoke 5:00 Snacks Social 6:30 Depart for Big Band (Return by 8:30)	2 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	3 - KYC Hustle for Health <b>*Special Hours 9-3*</b> Saturday Excursion KYC Hustle for Health - Elk Grove Village (See Announcements) Please Call Drop-In for Reservations
4 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	5 10:00 How u Doin'? 10:30 Music Therapy w/ Jenny 12:00 Snacks/Social 1:00 Guest Choice	6 3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	7 11:00 Work Why Not? (Vocations for Recovery) 12:00 Prep and Lunch/ Monthly Birthday Celebrations 1:00 Guest Choice	8 3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks Social 6:00 Recovery Circle	9 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	10 <b>*Special Hours 4:30-9:30*</b> Saturday Excursion KYC Northwest Pride Fest - Schaumburg (See Announcements) Please Call Drop-In for Reservations
11 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	12 10:00 How u Doin'? 10:30 "Move Your Body" at the RecPlex 12:00 Snacks/Social 1:00 Guest Choice	13 3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	14 11:00 Work Why Not? (Vocations for Recovery) 12:00 Movie at Elk Grove Classic Cinemas. Return by 4:00	15 <b>*Special Hours 11-4*</b> Thursday Excursion Schaumburg Boomers Baseball Game - Schaumburg (See Announcements) Please Call Drop-In for Reservations	16 1:00 Recovery Connection 2:00 Creative Art 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	17 Saturday Excursion Heider's Berry Farm - Woodstock (See Announcements) Please Call Drop-In for Reservations
18 - Father's Day	19 - Juneteenth	20	21 - Summer's Here!	22	23	24
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 "Move Your Body" at the RecPlex 12:00 Snacks/Social 1:00 Guest Choice	3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	11:00 Work Why Not? (Vocations for Recovery) 12:00 Prep and Lunch 2:00 Cooking Lesson w/ Chef Sarah	3:30 How U Doin'? 4:00 Leadership and Empowerment 5:00 Snacks Social 6:00 Recovery Circle	1:00 Recovery Connection 2:00 Art Therapy 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	Family and Friends Day Feature Movie: Mrs. Doubtfire Lunch: Grilled Burgers and Dogs, Tater Tots, & Fruit Salad (See Announcements) Please Call Drop-In for Reservations
25 10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	26 10:00 How u Doin'? 10:30 "Move Your Body" at the RecPlex 12:00 Snacks/Social 1:00 Guest Choice	27 3:30 How U Doin' 4:00 Mental Health Booster 5:00 Prep and Dinner 6:00 Movie and Popcorn Night	28 11:00 Work Why Not? (Vocations for Recovery) 12:00 Prep and Lunch 1:00 CRSS Competency Training	29 Thursday Excursion Healing Nature of the Forest w/ Mary Anne - Linne Woods, Morton Grove (See Announcements) Please Call Drop-In for Reservations	30 1:00 Recovery Connection 2:00 Creative Arts 4:00 Multimedia (Snacks will be available from 4:00 to 5:30)	

All On-Site  
Kenneth Young  
Drop-In Center  
activities are  
**FREE** to  
registered guests



*\*This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. \*must be 18 and over to attend.*