
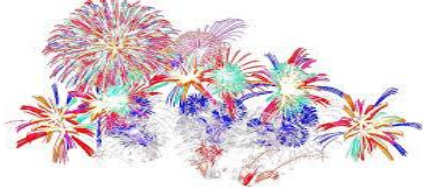


Drop-In



OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2	3	4	5	6	7	
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Please Call for Details & to RSVP for BBQ 	3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Cantigny Park - Wheaton <u>Please CALL for Details & to RSVP</u>	
8	9	10	11	12	13	14	
10:00 How U Doin' 11:00 Breakfast 12:00 At Your Leisure	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bowling - Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>	
15	16	17	18	19	20	21	
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>	Excursion - Off site Summer Cookout! - Busse Woods Please call for details or to RSVP	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Oddities and Curiosities Expo - Villa Park (See Flyers) <u>Please CALL for Details & to RSVP</u>	
22	23	24	25	26	27	28	
10:00 How U Doin' 11:00 Breakfast 12:00 At Your Leisure	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 6:00 Orchard Summer Supper (Off Site Excursion) <u>Please Call for Details or to RSVP</u>	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Friends and Family Day - Drop-In Movie "Ordinary People" (See Flyers) <u>Please CALL for Details & to RSVP</u>	
29	30	31					
10:00 How U Doin' 11:00 Breakfast 12:00 At Your Leisure	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	***7am to 5pm*** Excursion - CRSS Competency Training ...7am to 6pm **OFF SITE** Please Call for Details	Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)				

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*