












Drop-In

January

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)			1 11:00 How you Doin' 12:00 Lunch Social 1:00 Guest Choice	2 3:30 How U Doin'? 4:30 Excursion - Tree Lights at Morton Arboretum - Lisle (See Flyers) Please CALL for Details and to RSVP	3 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	4 Saturday Excursions Sip of Hope-Chicago (See Flyers) Please call for Details and to RSVP
5 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	6 10:00 How U Doin' 10:15 Bingo w/prizes and Yoga 12:15 Lunch/Social 1:15 Topics on Recovery	7 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	8 11:00 How you Doin' 12:00 Lunch Social 1:00 Guest Choice 	9 3:30 How U Doin' 4:30 Leadership and Empowerment 5:30 Dinner, Movie, & Popcorn Night	10 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	11 Saturday Excursions Bess Bower Dunn Museum of Lake County-Libertyville (See Flyers) Please CALL for Details & to RSVP
12 10:00 How U Doin' 11:00 Guest Choice 	13 10:00 How U Doin' 10:15 Healthy Breakfast and Bingo w/ prizes 12:15 Lunch/Social 1:15 Topics on Recovery	14 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle 	15 11:00 How you Doin' 12:00 Lunch Social 1:00 Guest Choice 	16 3:30 How U Doin'? 4:30 Current Events 5:30 Dinner/Social 6:30 Movie & Popcorn Night	17 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	18 Saturday Excursions Bowling-Elk Grove Village (See Flyers) Please Call for Details & to RSVP
19 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	20 10:00 How U Doin' 10:30 Bingo w/ prizes and Yoga 12:15 Lunch/Social 1:15 Topics on Recovery	21 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	22 Excursion Classic Cinemas - Elk Grove Village (See Flyers) Please CALL for Details & to RSVP 	23 3:30 How U Doin' 4:00 Leadership and Empowerment 5:30 Dinner, Movie & Popcorn Night	24 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	25 Friends and Family Day Movie: Frozen Lunch, Comeraderie Please Call for Details and to RSVP
26 10:00 How U Doin' 11:00 Guest Choice 	27 10:00 How U Doin' 10:15 Bingo w/prizes and Yoga 12:15 Lunch/Social 1:15 Topics on Recovery	28 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	29 11:00 How you Doin' 12:00 Lunch/Social 1:00 Guest Choice 	30 3:30 How U Doin'? 4:30 Current Events 5:30 Dinner/Social 6:30 Movie & Popcorn Night	31 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	

All On-Site and most Off-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*