

Our goal is that you might leave feeling better than when you walked in.

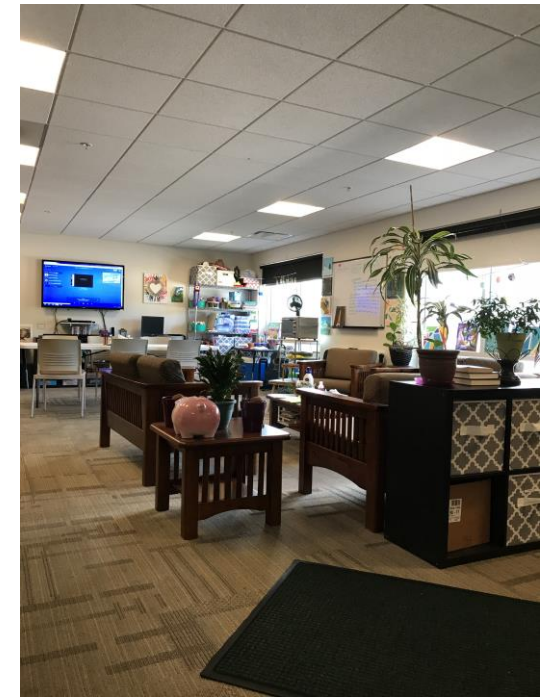
The Kenneth Young Drop-In Center is a non-clinical environment for people experiencing mental health issues to sharpen their social skills and make new friends. At Drop-In, guests find an open minded, nonjudgmental, encouraging, and understanding community to learn and grow. We offer a variety of peer-led activities and programming that will help you reach your own personal recovery goals.

At Kenneth Young Center, we help people feel good, do better, and find solutions.

The Kenneth Young Drop-In Center  
1585 W. Dempster St. Suite 110  
Mt. Prospect, IL 60056

# The Kenneth Young Drop-In Center

A place to grow in community, friendship, recovery, and self-discovery.



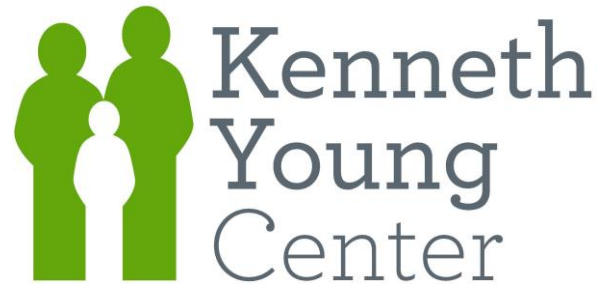


## We Understand

Whether you like to listen to music, participate in arts and crafts, use the Drop-In computers, sit quietly, watch a movie, or talk with people who can listen with understanding, The Kenneth Young Drop-In Center can be a place for you to spend time with others who get what you're going through.

## Not Many People Do Well Isolated And Alone

Ever wonder why it seems so hard to move forward with your recovery? Although there are no easy fixes, people tend to do better around others they can relate to and find common ground. Most people experiencing mental health issues don't do as well in isolation.



## We Get Out Into The Community

In addition to our on-site activities, we also offer off-site activities every month to become more integrated with the broader community. Most of these excursions come at no cost to our guests. Some examples of off-site excursions include bowling, movies, museums, volunteering, community events and celebrations, and more!

## Need A Ride To Attend Drop-In?

We provide transportation to and from Drop-In from pre-selected pick-up and drop-off points. We may be able to help you with transportation. Please stop in or call for details.

## Registration Is Free And Easy

When you stop by, you will fill out a short registration form with your basic information. It usually takes no more than ten minutes to register and there is no charge to be a part of Drop-In.

## Hours:

Don't be shy! We would love to meet you! We're open every day of the year except Christmas Day – including all of the other holidays.

- Sunday 10am to 3pm
- Monday 10am to 3pm
- Tuesday 3:30pm to 8pm
- Wednesday 11am to 4pm
- Thursday 3:30pm to 8pm
- Friday 1pm to 6pm
- Saturday 10am to 3pm

## Contact Us

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**(847) 621-2040 Ext. 117**

[www.kennethyoung.org](http://www.kennethyoung.org)