



DROP-IN

November 2020

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are FREE to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117.

Updates:

Guests are welcome to stop by however reservations are suggested and take priority. Reservations will be taken up to 48 hours in advance by calling Drop-In at 847-621-2040 x117

N.A.M.I. Connection: Each Sunday of the Month from 1:00PM – 2:30PM

Humor Group/Laughing Group: In this group we tell funny stories and jokes to induce laughter. Laughter has positive effects on mental and physical health. Please bring your own jokes and funny stories. **Meets Mondays at 12:30 PM.**

Helping Hands: This is a discussion group that will utilize “group knowledge” in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals. This group meets on Tuesdays from 4:30PM – 5:30PM.

Insights into Mental Health: Learn about a variety of Mental Health Diagnoses – their symptoms, some treatments, and much more. **Meets Wednesdays at 1:00 PM.**

Leadership and Empowerment: Meets on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM**

Vocations for Recovery: (Job Club) Fridays from 1PM – 2PM

Monthly Birthday Celebrations: Meets on the 2nd Wednesday of each month. Celebrate your birthday with Drop-In. Enjoy cake, cards and fun as we celebrate all guests' birthdays from the current month. **We will meet at 12:00PM**

Special Events & Excursions

Saturday, November 7 – Denny's – Arlington Heights

- 17 Algonquin Rd
- American Diner style restaurant with several breakfast, lunch and dinner options
- We will leave Drop-in by 10:15am and return by 3pm
- Free to those who attend Drop-in (save \$12.00 per person)
- We will walk to Algonquin and Busse and take the 606 bus
- Van seating limited to 2 guests
- Please RSVP to Drop-In in advance

Saturday, November 14 – Half Price Books & Hobby Lobby – Schaumburg

- 1075 E Golf Rd and 1055 E Golf Rd
- Used and new books, movies and DVD's for sale
- Arts and craft supplies
- Free to those who attend Drop-in
- We will leave Drop-in by 10:15AM and return by 3:00PM
- We will walk to Algonquin and Busse and take the 606 bus
- Van seating limited to 2 guests
- Please RSVP to Drop-In in advance

Wednesday, November 18 – CRSS Fundamentals Training – Schaumburg

- Virtual Training at Drop-In
- Learn skills and information about the Certified Recovery Support Specialist credential
- For those who **DO NOT YET** have their CRSS credential
- Training is from **9:00AM-12:00PM AND 1:00PM-4:00PM**
- **Special Hours:** 8:30AM to 4:00PM
- Earn 5.5 Continuing Education Units
- Please RSVP to Drop-In in advance

Saturday, November 21 – Kaffeestube – Schaumburg

- 105 E Schaumburg Rd
- Coffee shop and live music cafe
- Free to those who attend Drop-in (save up to \$7.00 per person)
- We will leave Drop-in by 10:15AM and return by 3:00PM
- Van seating is limited to 2 guests (about 7 miles from Drop-In)
- Please RSVP to Drop-In in advance

Thursday, November 26 – Thanksgiving Dinner – Mount Prospect

- 1585 W Dempster
- Catered Food will be served for the Drop-In's Annual Turkey meal with all the fixings
- **Special Hours:** 11:00AM to 3:00PM
- Two seating's are available **11:00AM-12:30PM** and **1:00PM-2:30PM**
- **Social Distancing Protocols will be followed. Masks, of course, required.**
- **Free** to those who attend Drop-In
- Limited Space. Please RSVP by Monday, November 23 to Drop-In

Saturday, November 28 – Family and Friends Day – Mount Prospect

- 1585 W Dempster St.
- Movies: Ordinary People and Rain Man
- Mini hotdogs with barbecue sauce and coleslaw will be served
- Drop in between 10:00AM and 3:00PM
- You are strongly encouraged to bring friends and family members
- Please RSVP to Drop-In in advance