






OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details, and other Kenneth Young Programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056. (located next to Culver's)				3:30 How U Doin' 4:30 Current Events 5:30 Guest's Cook 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Art at the Glen-Glenview (See Flyers) Please CALL for Details & to RSVP
4	5	6	7	8	9	10
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club - Off Site - Please CALL for Details. We will return by Noon for: 12:00 Lunch/Social 1:00 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin? 12:00 Lunch/Social 1:00 Guest Choice 	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Dinner, Movie & Popcorn Night 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Chicago Botanic Gardens Kite Fest-Wilmette (See Flyers) Please Call for Details & to RSVP
11	12	13	14	15	16	17
Sunday Excursion Lions Club Farmers Markt & Thrift Stores-Mt. Prospect (See Flyers) Please Call for Details & to RSVP	10:00 Get Fit Club - Off Site - Please CALL for Details. We will return by Noon for: 12:00 Lunch/Social 1:00 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle 	11:00 How you Doin? 12:00 Lunch/Social 1:00 Guest Choice	3:30 How U Doin' 4:30 Current Events 5:30 Guest's Cook 6:30 Guest Choice 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Long Grove Vintage Days-Long Grove (See Flyers) Please CALL for Details & to RSVP
18	19	20	21	22	23	24
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club - Off Site - Please CALL for Details. We will return by Noon for: 12:00 Lunch/Social 1:00 "What's Good About Anger?"	Excursion CRSS Competency Triaining - Chicago 6:00 AM - 6:00 PM (See Flyers) Please Call for Details and to RSVP	Excursion Classic Cinemas - Elk Grove Village (See Flyers) Please CALL for Details & to RSVP	3:30 How U Doin' 4:00 Leadership and Empowerment 6:00 Excursion - Summer Supper (See Flyers) Please Call for Details and to RSVP	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bowling-Elk Grove Village (See Flyers) Please Call for Details & to RSVP
25	26	27	28	29	30	31
Sunday Excursion The Center for Intuitive and Outsider Art - Chicago (See Flyers) Please Call for Details & to RSVP	10:00 Get Fit Club - Off Site - Please CALL for Details. We will return by Noon for: 12:00 Lunch/Social 1:00 "What's Good About Anger?"	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11:00 How you Doin? 12:00 Lunch/Social 1:00 Guest Choice	3:30 How U Doin' 4:30 Current Events 5:30 Guest's Cook 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Friends and Family Lunch and Movie "Sully" Drop In Between 10AM and 3PM (See Flyers) Please Call for Details and to RSVP

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*

