



DROP-IN

September 2019

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Get Fit Club: This club meets at the Drop-In every Monday morning to set our weekly goals, check-in and then buddy up for our weekly trip to the Rec Plex to do light exercise at the Rec Plex. **Registration is on Monday, September 2. Drop-in pays the monthly registration fee as long as you attend on Mondays.**

Helping Hands: This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

N.A.M.I. Connection: 1st and 3rd Sundays of the Month from 1:00PM – 2:30PM

Leadership and Empowerment: on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Vocations for Recovery: (Job Club) Fridays from 1pm to 2pm

What's good about Anger: Meeting focusing on putting anger to work for good, meets on Mondays at 1:00PM

Sleep Hygiene: This meets on Tuesdays at 4:30PM and explores factors and strategies for improving sleep.

Special Events & Excursions

Monday, September 2 – Labor Day Barbecue – Mount Prospect

- Myers Place Community Room, 1585 W Dempster
- Celebrate Labor Day with Drop-In
- Hamburgers, Hot Dogs and games
- Squirt gun painting activity
- Free to those who attend Drop-In
- Please RSVP to Drop-In in advance

Thursday, September 5 – Big Band Night – Elk Grove

- 1000 Wellington Avenue
- Listen and dance to live Big Band Music. Enjoy delicious refreshments
- Free to those who attend Drop-In (Save \$5.00 per person)
- We will leave Drop-In by 6:30PM and return by 8:30PM
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests
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Saturday, September 7 – Volo Auto Museum – Volo

- 27582 Volo Village Rd
- Automobile museum and collector car dealer
- Over 33 unique exhibits
- Thousands of mechanical marvels from the first motorcycle to a self-playing orchestra
- **Free** to those who attend Drop-In(save \$16 per person)
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Sunday, September 8 – The Grove – Glenview

- 1421 Milwaukee Ave
- 145 Acre Nature Preserve and historic landmark
- Was owned by early settlers John Kennicott and son Robert, pioneer naturalist explorer
- We will leave Drop-In by 10:15am and return by 3:00pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Wednesday, September 11 – Frank Lloyd Wright Home and Studio – Oak Park

- 951 Chicago Ave
- Wright's first home and studio, birthplace of an architectural revolution
- Wright used his home (1889) to explore design concepts that would shape his architectural philosophy
- Free to those who attend Drop-In(save \$18 per person)
- We will leave Drop-In by 11:15am and return by 4:00pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests and **9 tickets are available**

Saturday, September 14 – Celebration of Cultures – Mount Prospect

- 420 W. Dempster
- Entertainment, cultural booths, craft fair and food from around the world
- Small plates will be available for the price of \$3 so visitors can try several different dishes
- **Free** to those who attend Drop-In
- We will leave Drop-In by 10:15am and return by 3:00pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Wednesday, September 18 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- **Free** to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Thursday, September 19 – Art Institute – Chicago

- 111 S. Michigan Avenue
- Explore thousands of artworks in the museum's wide-ranging collection
- World-renowned icons and lesser-known gems from every corner of the globe—as well as books, writings, reference materials, and other resources.
- Please RSVP to Drop-In in advance
- **Special Extended Hours: 2:30pm – 8:00pm**
- We will leave Drop-In by 2:45 and return by 8:00pm
- Van seating is limited to 8 guests

Saturday, September 21 – Elk Grove Bowl – Elk Grove

- 53 South Arlington Heights Rd
- We will leave Drop-In at 11:40am and return by 3:00pm
- Bowling begins at 12:00pm
- **Free** to those who attend Drop-in (save approximately \$5 per person)
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Thursday, September 26 – Summer Supper at The Orchard Church – Arlington Heights

- 1330 N Douglas
- Free Community Meal for the homeless and underprivileged
- Supper starts at 6:30pm
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Saturday, September 28 – Family and Friends Day – Mount Prospect

- 1585 W Dempster St., Suite #110
- Lunch at 12:00 pm
- Movie: Back to the Future at 1:00pm
- Drop in between 10am and 3pm.
- You are strongly encouraged to bring friends and family members.
- Please RSVP to Drop-In in advance