



DROP-IN

October 2019

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Bingo and Light Yoga: Bingo with prizes followed by light yoga. Come and join us every Monday morning.

Helping Hands: This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

N.A.M.I. Connection: 1st and 3rd Sundays of the Month from 1:00PM – 2:30PM

Leadership and Empowerment: on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Vocations for Recovery: (Job Club) Fridays from 1pm to 2pm

What's good about Anger: Meeting focusing on putting anger to work for good, meets on Mondays at 1:00PM

Sleep Hygiene: This meets on Tuesdays at 4:30PM and explores factors and strategies for improving sleep.

One on One Goal Setting: Set goals for yourself and work towards them with one on one support. There is a Sign-up sheet in Drop-In.

Special Events & Excursions

Thursday, October 3 – Big Band Night – Elk Grove

- 1000 Wellington Avenue
- Listen and dance to live Big Band Music. Enjoy delicious refreshments.
- Free to those who attend Drop-In
- We will leave Drop-In by 6:30PM and return by 8:30PM
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Saturday, October 5 – Northwest Celtic Fest – Hoffman Estates

- 5333 Prairie Stone Pkwy - Sears Center Arena
- All things Irish, Welsh and Scottish. Designed to celebrate Celtic heritage
- Live music, Irish wolfhounds, dancing, food and fun; there's something for everyone!
- **Fest Begins at 11:00am**
- We will leave Drop-In at 10:15am and return by 3:00pm
- **Free** admission and Free outdoor parking
- Nonperishable food donations will be accepted
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guest

Wednesday, October 9 – Goebbert's Farm & Garden Center – South Barrington

- 40 W Higgins
- 200 acre farm with fresh fruit, apple cider, donuts, pies, fudge and harvest cookies
- Fall harvest market, Pumpkins and petting zoo
- Free to those who attend Drop-In
- We will leave Drop-In by 11:15am and return by 4:00pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, October 12 - Cantigny Fall Festival – Wheaton

- 1 S 151 Winfield Road - Parade Field
- Pumpkin Decorating, Craft Fair, Food Trucks, Plant Sale and Live entertainment
- We will leave at 10:15am and return by 3:00pm
- Please RSVP to Drop-In in advance
- Space is limited to 8 people
- **Free** to those who attend Drop-In(save \$5 on parking)
- Van seating is limited to 8 guests

Sunday, October 13 – Congo River Mini Golf – Hoffman Estates

- 1325 Barrington Rd
- Three tiered waterfall setting outdoor miniature golf course
- 36 hole course - we will play 18
- We will leave Drop-In by 10:15am and return by 3:00pm
- **Free** to those who attend Drop-In(save \$7.50 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, October 19 – Elk Grove Bowl – Elk Grove

- 53 South Arlington Heights Rd
- We will leave Drop-In at 10:10am and return by 3:00pm
- Bowling begins at 10:30am
- **Free** to those who attend Drop-in (save approximately \$5 per person)
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Wednesday, October 23 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- **Free** to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, October 26 – Spooktacular Halloween Costume Party – Mount Prospect

- 1585 W Dempster St. – Myers Place Community Room
- Costumes are encouraged but not required
- **No fake blood or weapons please**
- Pizza, scary treats, games, raffles, picture frame photo prop, costume contest
- Drop in between 10am and 3pm
- You are strongly encouraged to bring friends and family members.
- Please RSVP to Drop-In in advance

Sunday, October 27 – The Woodstock Square – Woodstock

- 110 S Johnson St
- Visit historic square featured in the movie Groundhogs Day
- Light walking around the square, shopping and restaurants available
- **Free** to those who attend Drop-In
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guest

Thursday, October 31 – Drop-In Halloween Party – Mount Prospect

- 1585 W Dempster St., Suite #110
- Our small Halloween Party
- Enjoy games, music, crafts, food and candy, raffles, and a spooky movie with Drop-In
- This is not a costume party but costumes are welcome
- **No fake blood or weapons in costumes please**
- Drop in between 3:30pm and 8:00pm.
- Please RSVP to Drop-In in advance