



DROP-IN

November 2019

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Bingo and Light Yoga: Bingo with prizes followed by light yoga. Come and join us every Monday morning.

Helping Hands: This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

N.A.M.I. Connection: 1st and 3rd Sundays of the Month from 1:00PM – 2:30PM

Leadership and Empowerment: on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Vocations for Recovery: (Job Club) Fridays from 1pm to 2pm

What's good about Anger: Meeting focusing on putting anger to work for good, meets on Mondays at 1:00PM

Sleep Hygiene: This meets on Tuesdays at 4:30PM and explores factors and strategies for improving sleep.

One on One Goal Setting: Set goals for yourself and work towards them with one on one support. There is a Sign-up sheet in Drop-In.

Special Events & Excursions

Saturday, November 2 – Holiday Market Show at Wilder Mansion - Elmhurst

- 211 Prospect Ave
- One of a kind artisan & seasonal gifts
- Over 60 artisans and gourmet food vendors
- Jewelry, hats, capes, scarves, pottery, candles, ornaments, stationery, chocolates and home décor
- **Free** to those who attend Drop-In
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Thursday, November 7 – Big Band Night – Elk Grove

- 1000 Wellington Ave
- Listen and dance to live Big Band Music. Enjoy delicious refreshments.
- Free to those who attend Drop-In (Save \$5.00 per person)
- We will leave Drop-In by 6:30PM and return by 8:30PM
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Saturday, November 9 – Abundant Blessings Holiday Market – St. Charles

- 101 S Sixth Ave
- Shop Artisans, Crafters, Preferred Vendors and Sweets for Scholarships
- Luncheon with Sloppy Joes, chili, soup and potato bar & desserts.
- **Free** to those who attend Drop-In (Drop-In Guests will be allowed up to \$8.00 for lunch)
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, November 16 – Garfield Park Conservatory - Chicago

- 300 N Central Park Ave
- Learn about and see thousands of exotic plants
- **Free** to those who attend Drop-In
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Wednesday, November 20 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- **Free** to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Saturday, November 23 – Thanksgiving Dinner at Christus Victor Church – Elk Grove

- 1045 S. Arlington Heights Road
- Bountiful Traditional Thanksgiving Feast with hand carved turkey, homemade stuffing, gravy, green bean casserole, cranberry sauce, corn, mashed potatoes, rolls, and dessert
- Area Boy Scouts will do the opening flag ceremony, with a traditional blessing of the meal, followed by music, entertainment, and crafts.
- Tentatively, we will leave Drop-In at 12:00 Noon and return by 3:00pm
- Seating begins at 12:30pm
- **Free** to those who attend Drop-in
- Please RSVP to Drop-In in advance
- Van Seating is limited to 8 guests

Sunday, November 24 – Pesche's Garden Center – Des Palines

- 170 S River Rd
- Christmas trees and gift shop with many decorations and ornamental themes
- Home of the upside down Christmas tree
- Enormous greenhouses filled with colorful poinsettia plants
- **Free** to those who attend Drop-In
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 guests

Thursday, November 28 – Thanksgiving Dinner – Mount Prospect

- 1585 W Dempster
- Drop-In's Annual Turkey Dinner with all the fixings
- Games and raffles
- **Free** to those who attend Drop-In
- Must RSVP to Drop-In in advance

Saturday, November 30 – Family and Friends Day – Mount Prospect

- 1585 W Dempster St.
- **Movies:** How The Grinch Stole Christmas (both movies: Boris Karloff and Jim Carrey)
- Drop in between 10am and 3pm
- Lunch will be served
- You are strongly encouraged to bring friends and family members.
- Please RSVP to Drop-In in advance