



DROP-IN

February 2024

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117
Announcements, Special Events & Excursions**

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules, and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

N.A.M.I. Connection: Now meeting the 1st and 3rd Sunday of the Month from 1:00PM - 2:30PM.

Leadership and Empowerment: Meets on Thursday, February 8 and Thursday, February 22 this month - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM.**

Work Why Not? - Weekly job group where you will learn skills that will be useful even if you are not looking for a job. **Meets Wednesdays. See Calendar for time.**

Recovery Connection: Mental Health recovery focused class. **Meets Fridays at 1:00PM**

Monthly Birthday Celebrations: Meets at **12:00PM** on the 1st Wednesday of the month. Celebrate your birthday with Drop-In. Enjoy cake, cards and fun as we celebrate all birthdays from the current month.

Comedy Hour: Meets the last Thursday of each month from **6:00PM – 7:00PM** - Watch standup comedians on screen and bring your own jokes in to share. Raffle tickets given for telling a joke to win a \$10 gift card.

Karaoke/Open Mic Night: Sing your favorite karaoke songs solo or with others and dance and get down! Raffle tickets given for performing to win a \$10 gift card.. **(Meets on, Thursday, February 1 and January 15 at 4PM this month.)**

Music Therapy: Enjoy and benefit from 45 minutes of music therapy from a board Certified music therapist. **Meets this month on Wednesday, February 7 at 11AM.**

Lunch: While heavy snacks are served every day, enjoy a homemade lunch each Wednesday (unless an excursion is scheduled). Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

Dinner: While heavy snacks are served every day, enjoy a homemade dinner each Thursday. Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

Art Therapy: An art therapist will facilitate the group. Use, art to learn something about yourself.
Date for this month TBA.

Special Events & Excursions

Saturday, February 3– Garfield Park Conservatory – Chicago

- 300 North Central Park Avenue Chicago 60624
- One of the largest and most stunning botanical conservatories in the nation. Often referred to as the “landscape art under glass,” the Conservatory showcases thousands of plant species from around the world throughout eight indoor display gardens. Year-round, visitors can enjoy the lush flora and tropical temperatures indoors, or more than 10 acres of outdoor gardens, nature play spaces for children, water lily pond, and much more
- Free
- We will leave Drop-In by 10:30am and return by 3pm
- Van seating limited
Please RSVP to Drop-In in advance

Saturday, February 10 – Ikea and Woodfield Village Green Shopping Center – Schaumburg

- 1800 McConnor Parkway and 1446 E Golf Rd
- Shop Ikea for household items you might need and have lunch (on your own) in their restaurant
- Shop Woodfield Village Green Shopping Center – Five Below, Container Store, Trader Joe’s, Old Navy, Nordstrom Rack, Bloomingdale’s Outlet, Home Goods, and more!
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance.
- Van seating is limited

Sunday, February 11 – Winter Festival – Schaumburg

- Spring Valley/1111 East Schaumburg Rd
- Experience and embrace the beauty of winter! This family event features winter hikes, outdoor games, s’mores and cocoa around the fire, ice fishing demos, indoor winter ecology activities, and dogsled demos.
- Dress for the weather.
- Free to those who attend Drop-In (Save \$3.00 per person)
- We will leave Drop-In by 11:30 and return by 3pm (Event opens at 12 Noon)
- Please RSVP to Drop-In in advance.
- Van seating is limited

Wednesday, January 14 – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- Free to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited

Saturday, February 17 – Gurnee Mill Mall (PM)/Great Wolf Lodge (AM) – Gurnee

- 6170 W Grand Ave/1700 Nations Drive
- “Howl-in-One” Mini Golf at Great Wolf Lodge in the AM
- Free to those who attend Drop-In (save \$8.00 per person)
- Enjoy arcade games at Great Wolf Lodge in the AM (Cost on your own)
- Walk and shop over 170 stores with two food courts in the PM
- Shop Bass Pro World: for fishermen and lovers of outdoors
- We will leave Drop-in by 10:15am and return by 3pm
- Van seating limited
- Please RSVP to Drop-In in advance

Thursday, February 21 – Northlight Theatre – Skokie

- 9501 Skokie Blvd, Skokie 60077
- See the live play, “Selling Kabul”
- On the day his son is born in Afghanistan, former interpreter Taroon is torn between the safety of his sister’s apartment or risking his life to meet his child
- Free to those who attend Drop-In (tickets donated)
- We will leave the Drop-In Center at 11:45 and return by 4:00 PM

Saturday, February 24 – Family and Friends Day – Mount Prospect

- 1585 W Dempster St
- Baked Macaroni and Cheese and Corn Bread will be served
- Lunch is at 12pm noon
- Movie: Batman vs. Superman: Dawn of Justice
- You are strongly urged to bring Your Friends and Family
- Please RSVP to Drop-In in advance.