

ADULT MENTAL HEALTH PROGRAMS & SERVICES

- Intake & Assessment
- Psychiatric Services
- Individual/Couples
Therapy
- Group Therapy
- Case Management
- MISA (Mental Illness and
Substance Abuse)
- PSR (Psychosocial
Rehabilitation)
- TLP (Transitional Learning
Program)
- CST (Community Support
Team)
- Drop-in Center
- PSR (Permanent
Supportive Housing)
- Adult Mentoring

Kenneth Young Center Locations

Elk Grove Village
1001 Rohlwing Rd
Elk Grove Village, IL 60007
Phone: 847-524-8800
Fax: 847-524-8824

Mount Prospect
1585 W. Dempster Street
Mount Prospect, IL 60056
Phone: 847-621-2040
Fax: 847-258-3120

Schaumburg
1 Illinois Blvd
Hoffman Estates, IL 60169
Phone: 847-884-6212
Fax: 847-884-6687



Kenneth Young Center

*Feeling Good
Doing Better
Finding Solutions*

www.kennethyoung.org

 **Kenneth Young Center**
Community Mental Health and Senior Services

ADULT MENTAL HEALTH SERVICES



**Helping adults recover
from mental illness
and get through
difficult life problems**

OVERVIEW OF SERVICES

Mental health concerns range in severity. People may need guidance to get through a difficult time in life such as divorce, loss of a job, money problems or loss of a loved one. Some benefit from an intervention to cope with situational depression or anxiety. Others have serious mental illness such as schizophrenia or bipolar disorder that require ongoing support and medication to manage the illness.

We help people identify problems, build on personal strengths, learn life skills, improve communication; as well as understand and manage emotional problems. Kenneth Young Center helps clients recover from mental illness in order to live more fulfilled and productive lives.



HOW DO I ACCESS SERVICES?

Services for adults begin at Kenneth Young Center by contacting our phone intake department. That worker will gather some basic information.

A phone intake lasts 20-30 minutes. If the intake worker is on another call, leave a message and they will call you back.

Once the phone intake is completed, a comprehensive mental health assessment is scheduled and completed by an assessment specialist. This lasts approximately two hours and will provide us with information to pass on to your assigned therapist to develop a treatment plan.

Once the assessment is done, the individual/couple is assigned a clinician to develop a treatment plan and connect the individual/couple to the services that will help them achieve their goals.

**For information please call
847-524-8800, ext. 136**

SERVICES

Individual/Couples Therapy

Individuals/couples speak with a counselor to identify causes of problems and set out strategies for change.

Psychiatric Services—Clients see a psychiatrist to receive medication to manage illness.

Group Therapy—Individuals meet in a small group with others experiencing similar life challenges. Groups focus on peer support, socialization, coping skills, building problem solving skills, symptom management; and expanding knowledge and understanding of problems and symptoms.

Case Management— Assists clients in gaining access to needed benefits and services.

Consultation of Services—Provides client focused professional consultation with all providers of treatment team to assure coordinated care.

Referral to Other Services such as MISA (Mental Illness & Substance Abuse), PSR (Psychosocial Rehabilitation), employment services, TLP (Transitional Living Program), CST (Community Support Team services) and adult mentoring.